

CONFERENCE

S.NO	TOPIC	SPEAKER	DATE	VENUE
1	Emerging Scenario Of Health Care Prespectives And Its Challenges In India – Vision 2020	Dr. Sanjay P.Zodpey M.D, Phd Mrs. Joicedavichan Dr.Nappinai Prof. ArunaArputhamalar . Dr. S.Kanchana Prof.Balalakshmi Dr. Selvavinayagam Dr.R.Krudhran	27.6.16& 28.6.16	T R Raman Hall
2	Authentication Of Scientific Research For Eminence- Translating Research In To Practice.	Dr. S. Srinivasan Dr.K.Lalitha Dr.Yuvarajjayaraman Dr. Sunder Rao Dr.Annapoorna Mary Prof.Christinajohn Prof.Sunithapatney Prof.Balalakshmi Dr.Fabiola	26.6.15& 27.6.15	HILTON HOTEL
3	Impact Of Scientific Innovation In Human Life	Dr. Sultan Ahmed Ismail Dr.K.Lalitha Dr. Aravindmathur Dr. Grame D. Smith Dr.Sagar T.Thilakavathi Dr. Venkateshan Dr. Brij Kishore Tyagi	28.11.14& 29.11.14	T R Raman Hall
4	Achieving Mental Wellnesss By Understanding Human Mind Through Psychiatric Approaches	Dr. K. Lalitha Dr. Shanthinambi Prof. Mary Nirmala Dr.Nappinai Dr. Nambi	7.11.13& 8.11.13	T R Raman Hall
5	“Emerging Trends In Therapeutic Approaches	Dr. Shanthinambi Dr.K.Lalitha Dr.Surrendran, M.D Dr.Rebecca Samson	21.3.12& 22.3.12	T R Raman Hall

		Dr.Parivathini,R. M.D. D.C.H.M Prof. Kamlasubbian Dr.Jayashreesrinivasan M.D., D.G.O Prof.Roseline Rachel PremilaMsc(N) Dr.Jemimabaskar, M.D. Dr.Indiraarumugam, M.Sc(N) Ph.D		
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III NATIONAL CONFERENCE- JUNE 2016

SREE BALAJI COLLEGE OF NURSING
BHARATH UNIVERSITY
(Declared under section 3 of the UGC Act 1956)

NATIONAL CONFERENCE
ON
" EMERGING SCENARIO OF HEALTH CARE PERSPECTIVES AND ITS CHALLENGES IN INDIA "
VISION 2020
27th & 28th JUNE 2016
VENUE : T.R.RAMAN HALL, SREE BALAJI MEDICAL COLLEGE & HOSPITAL

Resource Persons

Dr.Sanjay P.Zodpey
Vice President & Director
Public Health Education
New Delhi.

Dr. S.Kanchana
Principal,
Omaya Achi College of Nursing,
Chennai.

Prof. Arjuna Arputhamalar
Vice Principal
Arakonda Apollo College of Nursing
Chittoor, AP.

Prof. J.Balakshmi
Principal, Oxford College of Nursing
Bangalore, KA.

Dr. R.K.Rudhran
Psychiatrist, Kodambakkam
Chennai.

Dr. Selva Vinayagam
Additional Director of Public Health,
Chennai.

Dr. Nappinnai
Psychologist & Marital Therapist
Chennai.

Dr. Ani Grace Kalaimathi
Registrar, Tamil Nadu
Nurses & midwives Council,
Chennai.

Prof. Joice Davichan
Professor
MIMS College of Nursing
Calicut, Kerala.

PROGRAMME SCHEDULE

DAY I (27.06.2016)

8.00 AM - 9.00 AM	REGISTRATION
9.00 AM - 10.00 AM	SCIENTIFIC SESSION
10.00 AM - 12.00 N	INAUGURAL FUNCTION
	Prayer Song
	Lighting the Lamp
	Welcome Address
	Unfolding the Theme
12.00 N - 1.00 PM	PLENARY SESSION - I
1.00 PM- 2.00 PM	LUNCH
2.00 PM- 3.00 PM	PLENARY SESSION - II
3.00 PM- 4.00 PM	PLENARY SESSION - III
4.00 PM- 5.20 PM	SCIENTIFIC SESSION
5.20 PM- 5.30 PM	TEA BREAK

DAY II (28.06.2016)

9.00 AM - 10.00 AM	PLENARY SESSION - IV
10.00 AM - 11.00 AM	PLENARY SESSION - V
11.00 AM - 11.15 AM	TEA BREAK
11.15 AM - 12.15 PM	PLENARY SESSION - VI
12.15 PM - 1.15 PM	PLENARY SESSION - VII
1.15 PM- 2. 00 PM	LUNCH
2.00 PM- 3.00 PM	PLENARY SESSION - VIII
3.00 PM- 4.00 PM	PLENARY SESSION - IX
4.00 PM- 5.00 PM	VALEDICTORY FUNCTION
5.00 PM- 5.30 PM	TEA BREAK

SREE BALAJI COLLEGE OF NURSING

BHARATH UNIVERSITY

(Declared under section 3 of the UGC Act 1956)

NATIONAL CONFERENCE

ON

“EMERGING SCENARIO OF HEALTH CARE PERSPECTIVES AND ITS CHALLENGES IN INDIA” - VISION 2020

JUNE
27-28
2016

VENUE : T. R. RAMAN HALL
SREE BALAJI MEDICAL COLLEGE & HOSPITAL
TIME : 9.00 am - 5.30 pm

ORGANIZED BY:

SREE BALAJI COLLEGE OF NURSING

BHARATH UNIVERSITY

NO.7, WORKS ROAD, CHROMPET, CHENNAI.
TAMIL NADU, INDIA.

ABOUT CONFERENCE:

Today Health Care Industry is moving towards managing Health rather than managing illness. The greater focus of Health Care Delivery system is to promote wellness and Primary and Preventive care. To achieve the goal of Healthy people by 2020 in India, Health Care Professionals must focus on the goals of increasing Quality and years of Healthy life, Eliminating Health disparities and Promote equitable distribution of Health care resources to all people in India. To meet these challenges, Sree Balaji College of Nursing is organizing the National Conference with the theme of “EMERGING SCENARIO OF HEALTH CARE PERSPECTIVES AND ITS CHALLENGES IN INDIA”-VISION 2020.

ABOUT US :

Sree Balaji College of Nursing established in 1992 with the moto of “Service to mankind is service to God”. Our college offers Bachelor, Post-Basic and Post Graduate courses in Nursing under Bharath University recognized by Indian Nursing Council and Tamil Nadu Nurses and Midwives Council. Also our College is accredited by NAAC with 'A' Grade.

INVITATION :

The Principal, Faculty and Students of Sree Balaji College of Nursing invite you for the National Conference on 27.06.2016 & 28.06.2016.

THEME :

“EMERGING SCENARIO OF HEALTH CARE PERSPECTIVES AND ITS CHALLENGES IN INDIA”-VISION 2020.

OBJECTIVES :

1. To facilitate decisions about healthy life styles that enhances quality of life.
2. To encourage acceptance of responsibilities for one's own Health.
3. To increase Health awareness regarding early diagnosis of cancer, preventive strategies of communicable and non-communicable diseases.
4. To cope with marital, psychological, social problems and prevention of suicidal attempts.
5. To prevent Teenage pregnancies and promote Adolescence Health.

RESOURCE PERSON

1. Dr. Sanjay P. Zedpey, MD, Ph.D., Vice President and Director-Public Health Education, Public Health Foundation of India, New Delhi, Director, Indian Institute of Public Health, Delhi.
2. Dr. Ani Grace Kalaimathi, M.Sc (N), Ph.D., DQA, PGDNa, DCA, CNN, Registrar, TamilNadu Nurses and Midwives Council, Chennai.
3. Dr. Selvasivayagam, M.D., DPH, DNB., Additional Director of Public Health, MMC/TN HSP/DPH, Teyyanampet, Chennai.
4. Dr. Nappinsai, M.Phil., Ph.D., Consultant Psychologist and Marital therapist, Chennai.
5. Dr. R.K.Ruthran, M.D(Psychiatry), Psychiatrist, Kodambakkam, Chennai.
6. Dr. S. Kanchana, M.Sc(N), Ph.D., Post Doctoral Fellowship in Research Queen Margaret University, Edinburg, Principal, Omaya Achi College of Nursing, Puzhal, Chennai.
7. Dr. J. Balalakshmi, M.Sc (N), Ph.D., Principal, The Oxford College of Nursing Bangalore, Karnataka.
8. Prof. Aruna Arputhamalar, M.Sc (N), Ph.D., Vice Principal, Aragonda Apollo College of Nursing, Chittoor, A.P.
9. Dr. Assuma Beevi, T.M, M.Sc (N), RN RM, Ph.D., CHPE (SQU), DHM (NIHF) Cert. HRM (NIHF), Principal, MIMS College of Nursing, Joint Director MIMS Academy, Calicut, Kerala.

CONVENOR

Prof. V. Hemavathy, Principal, SBCN, Chennai.

ORGANIZING SECRETARY

Prof. Sathiyalatha Sarathi, Vice Principal, SBCN, Chennai.

JOINT ORGANIZING SECRETARY

Prof. Vasantha Kohila K.R., SBCN, Chennai.
Prof. Semmalar, S, SBCN, Chennai.

REGISTRATION

DELEGATES	AMOUNT
Faculty	Rs. 300
Students	Rs. 300

The Tamil Nadu Nurses and Midwives Council Credit point is 9 Hours

Registration is payable by cash/DD. If DD, it should be payable in favour of “Sree Balaji College of Nursing”, Chennai. The Registration fee does not include accommodation charges. Photocopies of the registration form can also be used. The complete application form should be sent to Prof. V. Hemavathy, Principal, Sree Balaji College Of Nursing, No.7, Works Road, Chrompet, Chennai-600044, Tamil Nadu, India.

FOR MORE INFORMATION CONTACT

Prof. V. Hemavathy
044 42877081
9444207749, 9566019355

Prof. Mrs. Semmalar. S
9840955080

Mrs. Ajitha Nancy. R (Asso.Prof)
9094676767



Sree Balaji College of Nursing conducted the National conference on **27th&28thof June** with the theme **“EMERGING SCENARIO OF HEALTH CARE PRESPECTIVES AND ITS CHALLENGES IN INDIA – VISION 2020”**



On the **first day** the event began with the welcome speech by Prof V.Hemavathy, Principal SreeBalaji college of Nursing. The inaugural address was delivered by Dr.K.P.Thooyamani, Pro Vice chancellor Bharath University. The chief guest address was presented by Dr.SanjeyP. Zodpey, vice president and director, Indian institute of public health Delhi.



The plenary session 1 was represented by **DR. SANJAY P.ZODPEY** M.D, PhD VICE PRESIDENT AND DIRECTOR, INDIAN INSTITUTE OF PUBLIC HEALTH NEW

DELHI, on major health problems, its challenges, and vision towards health for all by 2020 in India



Plenary session 3 was presided by **Mrs. Joice Davichan** on prevention of teenage pregnancies and promotion of adolescence health.



Plenary session 4 was presented by **DR. NAPPINAI** on counseling to promote healthy marital life and coping strategies for psychological and social problems



The plenary session 5 was presided by **PROF. ARUNA ARPUTHAMALAR** on burden of communicable diseases and its preventive strategies in Indian scenario



The plenary session 6 was presided by **DR. S.KANCHANA** on burden of non communicable diseases and its preventive strategies in Indian scenario



The plenary session 7 was presented by **PROF.BALALAKSHMI** on promotion of cancer awareness, early, diagnosis and its treatment



The plenary session 8 was presided by **DR. SELVAVINAYAGAM** on promotion of cost effective health care to underprivileged people of Indian society by govt and private health sectors.



The plenary session 9 was presided by Dr.R.KRUDHRAN on common mental health problems and prevention of suicidal attempts



SCIENTIFIC SESSION

DAY – I (27/6/2016) HALL – I

SCIENTIFIC SESSION I (7.30AM- 8.50AM)

Chair Person : Prof. R. Nimmi, Sree Balaji College of Nursing, Chennai

Co-Chair Person: Mrs. Ajitha Kumari, Asst. Professor Sree Balaji College of Nursing, Chennai

S.NO	TIME	TOPIC/PRESENTER	INSTITUTION
1.	7:30 – 7:40am	A study to assess the effectiveness of laughter therapy in reduction of stress among elderly people in selected old age home at Chennai. Mrs. Elamathi, Lecturer.	Sharmila college of Nursing
2.	7:40 – 7:50am	A Study to assess the knowledge regarding Chicken pox among the young adult and middle age group people in Anagaputhur. Mrs. V. Yashoda, Asst. Professor	Sree Balaji College Of Nursing, Chrompet, chennai
3.	7:50 – 8:00am	Effectiveness of Structured Teaching Programme on Knowledge and Attitude regarding the identification and management of Behavioural Problems of school age children among mothers in Anagaputhur. Mrs. Uma Maheshwari, Asst. Professor	Sree Balaji College Of Nursing, Chrompet, chennai
4.	8:00 – 8:10am	A study to assess the effectiveness of study skill techniques to reduce Academic Stress and to improve coping strategy among Higher Secondary School Students Ms. Jayanthi, Lecturer	Sree Balaji College Of Nursing, Chrompet, chennai
5.	8:10 – 8:20am	A descriptive study to assess the knowledge on prevention of malnutrition among the mothers of under five children. Prof . Vasantha kohila,	Sree Balaji College Of Nursing, Chrompet, Chennai
6.	8:20 – 8:30am	A Study to assess the effectiveness of fundal massage on reduction of after pain among primi mothers in selected hospitals in Chennai Mrs Priya kumari, Nurse educator	Adayar cancer institute.
7.	8:30 – 8:40am	A comparative study on effect of television viewing on selected behaviour of children as perceived by the parents in selected urban and rural community in Mangalore. Mrs. Judy Handly, Asst.prof	Sree Balaji College Of Nursing, Chrompet,
8.	8.40-8.50am	Effectiveness of Structured Teaching Programme on prevention of Hypertension among CAD patients in selected urban community, Bangalore. Prof. Mrs. Semmalar	Sree Balaji College Of Nursing, Chrompet, chennai

DAY – I (27/6/2016)

SCIENTIFIC SESSION – I (HALL – II) – (7:30am to 8.50am)

Chair Person : Mrs. Ramani, Assoc Prof, Sree Balaji College of Nursing, Chennai

Co-Chair Person: Mrs. Ajitha Nancy Assoc Prof, Sree Balaji College of Nursing, Chennai

S.NO	TIME	TOPIC/PRESENTER	INSTITUTION
1.	7:30 – 7:40am	A study to assess the effectiveness of ventilator bundle on prevention of ventilator associated pneumonia among mechanically ventilated patients at selected hospitals salem. Ms. Liji Raehel Daniel, Lecturer.	Sharmila college of Nursing
2.	7:40 – 7:50am	A study to assess the effectiveness of Structured Teaching Programme on knowledge regarding environmental pollution among the nursing staffs in selected hospital, Chennai. Mrs.Geetha,Asst.prof	Sree Balaji College Of Nursing, Chrompet, chennai
3.	7:50 – 8:00am	A study to assess the effectiveness of assisted video teaching among school going children on benefits of outdoor play. Mrs.Arya s. Kurup, lecturer	Sree Balaji College Of Nursing, Chrompet,chennai
4.	8:00 – 8:10am	A descriptive study to assess the knowledge on management of dehydration in diarrhoea among the mothers of under five children in Anagaputhur, Chennai Mrs.Punitha, lecturer	Sree Balaji College Of Nursing, Chrompet,chennai
5.	8.10-8.20am	A study to assess effectiveness of Pelvic Floor Exercises on Post natal mothers. Mrs. Pappy Yuvarani, Asso. Professor	Sree Balaji College Of Nursing, Chrompet, chennai
6.	8.20-8.30am	A study to assess the effectiveness of Pranayam on level of anxiety among clients with Myocardial Infarction in a selected Hospital at Selected Area. Mrs. Anitha, Lecturer	Sree Balaji College Of Nursing, Chrompet, Chennai
7.	8.30-8.40am	A Study to assess the effectiveness of Structured Teaching Programme regarding hazards of smoking among adolescent boys in Selected College. Mrs. Pauline Sheela Priya, Lecturer	Sree Balaji College Of Nursing, Chrompet, Chennai
8	8.40-8.50am	A study to assess the effectiveness of cultural practices and beliefs on newborn care among mothers in selected hospital,Chennai. Mrs.V.J.Binipaul,Asso.prof	Sree Balaji College Of Nursing, Chrompet, chennai

DAY – I (27/6/2016)

SCIENTIFIC SESSION – II (HALL – I) – (8.50am to 10.00am)

Chair Person : Mrs Pappy Yuvarani, Asso. Prof Sree Balaji College of Nursing, Chennai

Co-Chair Person: Mrs. V.J .Binipaul, |Asso.Prof. Sree Balaji College of Nursing, Chennai

1.	8:50 – 9am	A study to assess the efficacy of Eutectic mixture of local anaesthesia(EMLA) cream on pain perception among children during intravenous cannulation at Sree Balaji Medical College and Hospital, Chrompet,Chennai. Ms.Subashini, lecturer	Sree Balaji College Of Nursing, Chrompet,chennai
2.	9 – 9.10am	Establishing Family Centered Care in Pediatric Unit : Quality Improvement Prof. Mrs. Nimmi	Sree Balaji College Of Nursing, Chrompet,chennai
3.	9.10 – 9.20am	A study to assess the effectiveness of yoga therapy in relieving the stress among school students in Chennai. Mrs. Arathy Satheesh. R Lecturer	Sree Balaji College Of Nursing, Chrompet, chennai
4.	9.20 – 9.30am	A Study to evaluate quality Nursing care on Patients with Bronchial asthma in Selected hospitals, Chennai Mrs. Ramani, Asso. Professor	Sree Balaji College Of Nursing, Chrompet, Chennai
5.	9.30-9.40am	A study to assess the risk factors and consequences of alcohol consumption among adolescents. Mrs. Ajitha Nancy Rani, Asso. Professor	Sree Balaji College Of Nursing, Chrompet, chennai
6.	9.40-9.50am	Effectiveness of Writing therapy Mrs. Saradha Devi, Asso. Professor	Sree Balaji College Of Nursing, Chrompet,chennai
7.	9.50-10.00am	A Study to assess the knowledge about Geriatric care among the Senior citizen Mrs. Dhanalakshmi Asso. Professor	Sree Balaji College Of Nursing, Chrompet, Chennai
8.	10-10.10am	Effectiveness of Reminence therapy on the level of depression, among elderly patients Prof. V. Hemavathy, Principal, Sree Balaji College of Nursing	Sree Balaji College Of Nursing, Chrompet, Chennai

DAY – I (27.6.2016) (HALL –II)

SCIENTIFIC SESSION – II (8.50am – 10.00am)

Chair Person : Prof Vasantha Kokila., Sree Balaji College of Nursing, Chennai

Co-Chair Person ;Mrs. Semmalar Professor Sree Balaji College of Nursing, Chennai

S.NO	TIME	TOPIC/PRESENTER	INSTITUTION
1.	8.50- 9am	A study to assess the Prevalence and risk factors of Menstrual abnormalities among Nursing Students at Sree Balaji College of Nursing. Prof. Mrs. Sathyalatha Sarathi	Sree Balaji College Of Nursing, Chrompet, Chennai
2.	9 – 9.10am	Effectiveness of ginger Remedy on dysmenorrhea. Mrs. Leelavathi, Lecturer	Sree Balaji College Of Nursing, Chrompet, Chennai
3.	9.10 – 9.20am	A study to Assess the knowledge about Menopause among women Mrs. Deepa, Asst. Professor	Sree Balaji College Of Nursing, Chrompet, Chennai
4.	9.20-9.30am	A study to evaluate the Effectiveness of puzzle Therapy to Reduce anxiety Among Hospitalized Children in Mehta children's Hospital, Chennai Mrs. V. Prathipa, Lecturer	Sree Balaji College Of Nursing, Chrompet, Chennai
5.	9.30-9.40am	A Study to assess the effectiveness of stretching exercise on pain, stiffness and performance of activity of old age people with knee osteoarthritis in selected old age homes, Chennai. Prof. Mrs. Girija Bhaskaran	Sree Balaji College Of Nursing, Chrompet, Chennai
6.	9.40-9.50am	A descriptive study to assess the knowledge of women regarding Leptospirosis Mrs. Jegatha, Asst. Professor	Sree Balaji College Of Nursing, Chrompet, Chennai
7.	9.50-10.00am	A Study to assess the effectiveness of Buerger Allen Exercise on wound healing process among the diabetic foot ulcer patients admitted in Rajiv Gandhi Government General Hospital, Chennai. Mrs. Vijaya Bharathi, Lecturer	Sree Balaji College Of Nursing, Chrompet, Chennai

DAY I (27.6. 2016)

HALL – I

SCIENTIFIC SESSION – III (3.00 – 4pm)

Chair Person :,Mrs. Jegatha Asso. Professor Sree Balaji College of Nursing, Chennai

Co-Chair Person: Mrs. Binipaul, Asso. Professor Sree Balaji College of Nursing, Chennai

S.NO	TIME	TOPIC/PRESENTER	INSTITUTION
1.	3.00-3.10pm	A descriptive study to assess the knowledge and attitude of no scalpal vasectomy among husbands of mothers admitted in OBG ward. Mrs. Preethi .R Ass. Prof	Sharmila college of nursing
2.	3.10-3.20pm	A descriptive study to assess the adjustment problems and their coping strategies among adolescents residing in orphanage Mrs Meribha Christy, Asso. Professor.	Sree Balaji College Of Nursing, Chrompet, chennai
3.	3.20-3.30pm	Effectiveness of Progressive muscle relaxation therapy in reducing stress among patients with abdominal surgery for Cancer Treatment Mrs. Ajitha Kumari, Asst. Professor	Sree Balaji College Of Nursing, Chrompet, Chennai
4.	3.30-3.40pm	A Study to assess the knowledge in terms of hypertension among the hypertensive patients in Sree Balaji Hospital, Chennai Mrs. Deborah Mercy Bai, Asst. Professor	Sree Balaji College Of Nursing, Chrompet, Chennai
5..	3.40-3.50pm	Effectiveness of Structured Teaching Programme on Knowledge of Post Operative care Among Orthopedic Patient Mrs. Margreat Thatcher Asst. Professor	Sree Balaji College Of Nursing, Chrompet, Chennai
6.	3.50-4.00pm	Assess the effectiveness of application of surgical soak among diabetic clients with foot ulcer. Ms Juli,Tutor.	Sree Balaji College Of Nursing, Chrompet, Chennai

DAY I (27.6. 2016)

RAMAN HALL

SCIENTIFIC SESSION -III (3PM- 4PM)

Chair Person : Prof. Sathayalatha sarathy, Sree Balaji College of Nursing, Chennai

Co-Chair Person: : Prof. Girija Bhaskaran, Sree Balaji College of Nursing

S.NO	TIME	TOPIC/PRESENTER	INSTITUTION
1.	3.00-3.10pm	A Qualitative study to explore social burden on alcoholism among the wives of alcholoics in Jawadhu tribal area, Tamilnadu. Mrs.Ponnambily Jobin, Asst. Lecturer	M.A.Chidambaram college of Nursing
2.	3.10-3.20pm	Multipotential therapeutic application of mango leaves . Ms .Pramela.k Asst. Professor	Prince Sri Venkateswara Arts and Science college.
3.	3.20-3.30pm	A descriptive study to Assess the knowledge on chronic Kidney diseases. Prof.Mary Nirmala, Principal	Sharmila college of Nursing - Chennai
4.	3.30-3.40pm	A descriptive study to assess the awareness of anemia among college going students in selected colleges at Chennai. Prof. Maheshwari	Sharmila college of Nursing - Chennai
5.	3.40-3.50pm	A study to assess the effectiveness of progressive muscle relaxation technique on anxiety among primary infertile women subjected to intra uterine insemination in selecyed hospitals Ms. Gnana sundari nurse educator	Adayar Cancer Institute Chennai
6.	3.50-4.00pm	Prevalence and risk factors associated with whatsapp addiction among students. Prof.A.Lakshmi	Venkateswara college of Nursing

DAY II (28.6. 2016)

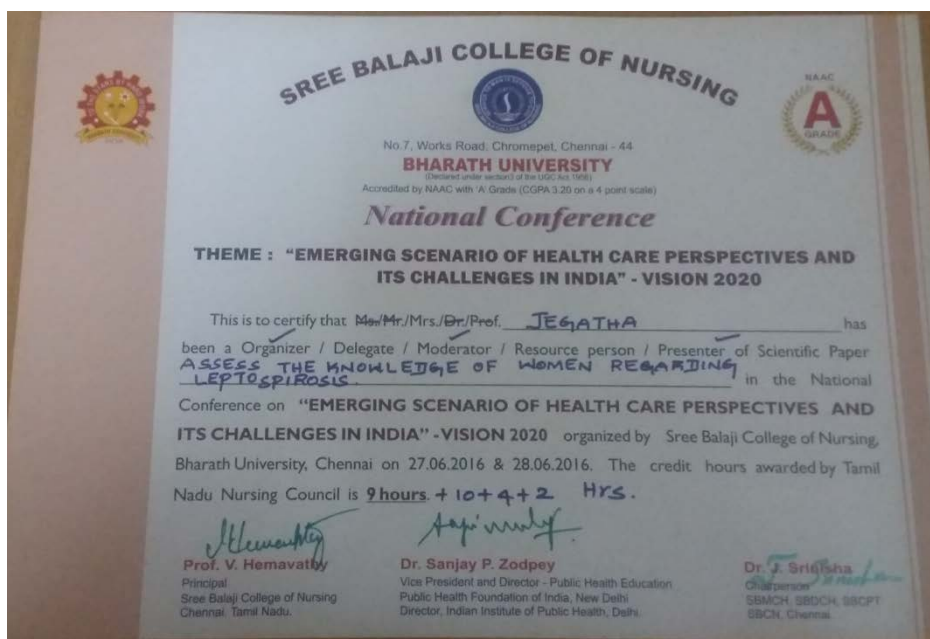
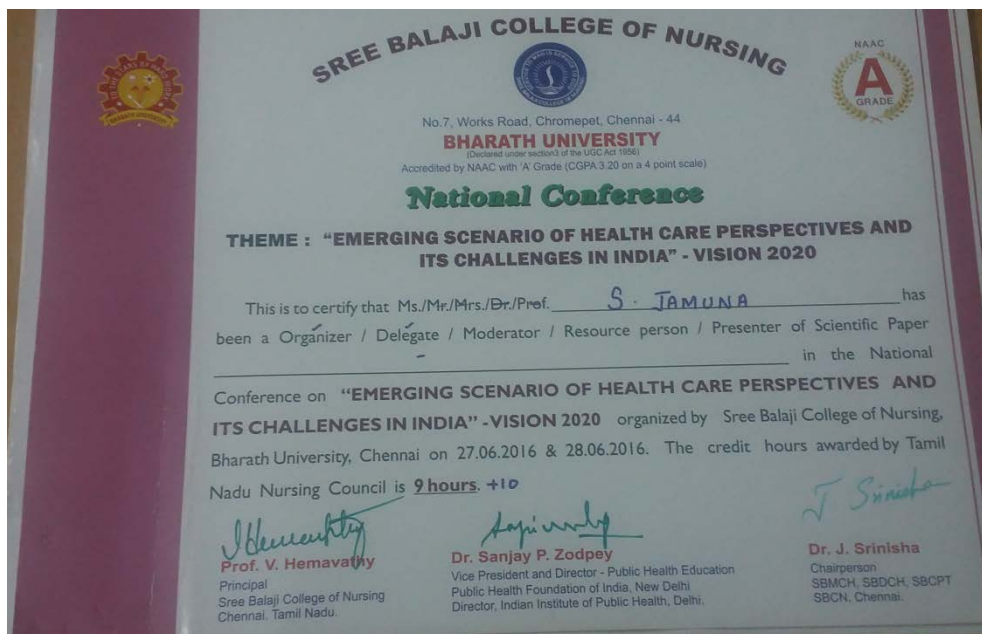
RAMAN HALL

SCIENTIFIC SESSION -III (8am- 8.30am)

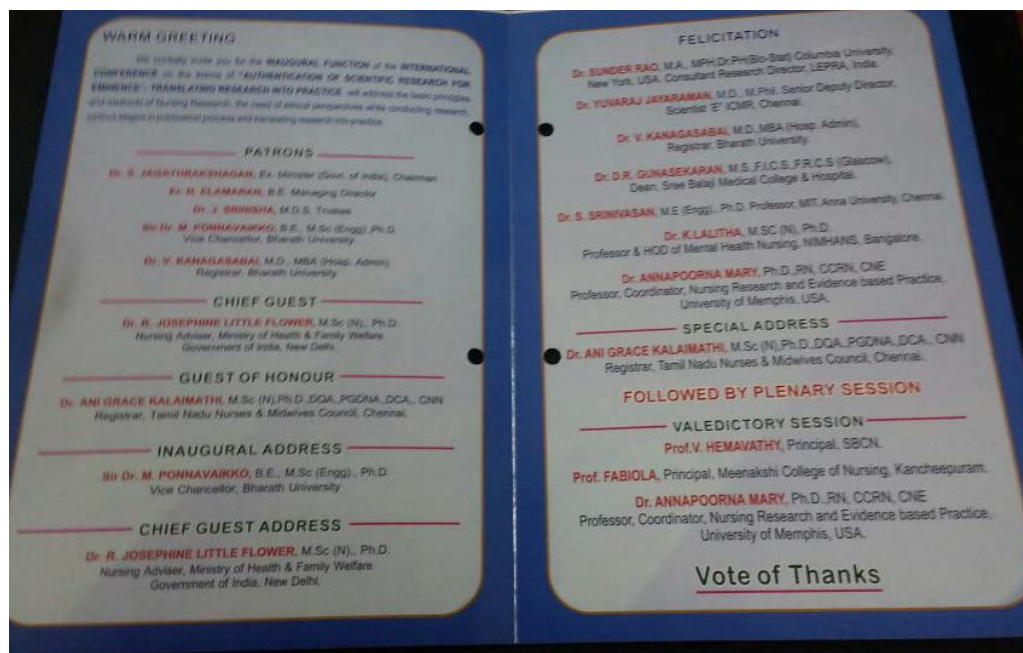
Chair Person : Prof. Sathayalatha sarathy, Sree Balaji College of Nursing, Chennai

Co-Chair Person: : Prof. Girija Bhaskaran, Sree Balaji College of Nursing

S.NO	TIME	TOPIC/PRESENTER	INSTITUTION
1.	8.8.10am	A study to assess the acceptance of surrogacy among infertile couple. Mrs. Uma Maheswari, Assoc.Prof	Annai Velankanni college of Nursing
2.	8.10-8.20am	Prevalence of ADHD among Children. Mrs.Sasi, Assoc.Prof.	Annai Velankanni college of Nursing
3.	8.20-8.30am	A qualitative study to explore social burden on alcoholism. Mrs.Chitra, Assoc.Prof	Apollo college of NursingAragonda



II INTERNATIONAL CONFERENCE – JUNE 2015





SreeBalaji College of Nursing conducted the International conference on **26th& 27th of June 2015** with the theme **“Authentication of Scientific Research for Eminence-Translating Research In to Practice”**.



On the **first day** the event began with the welcome speech by Prof V.Hemavathy, Principal SreeBalaji college of Nursing. The inaugural address was delivered by Sir Dr. M. Ponnaivaiko Vice chancellor, Bharath University. The chief guest address was presented by Dr.R.Josephine little flower, Nursing advisor, Ministry of health and family welfare, Government of India, New Delhi. The special address was delivered by Dr.AniGracekalaimathi Registrar, Tamil Nadu Nurses & Midwives Council, and Chennai.



Plenary session 1 was presided by **Dr. S. Srinivasan Professor**, MIT Anna University Chennai discussed the General Concepts and research methods of bio- technological advancement in hospital settings.

The plenary session 2 was represented by **Dr.K.Lalitha**, Prof &HOD of Mental Health Nursing, NIMHANS, Bangalore states the purpose, types of literature review, tools for locating relevant literature, electronic searches, major publishers, nursing organization, meta sites for information, conceptual framework, types and models.



Plenary session 3 was resided by **Dr.YuvarajJayaraman** scientist “F” ICMR Chennai on Conceptualizing Research Problem and Hypothesis in Quantitative Research.

Plenary session 4 was presented by **Dr. Sunder Rao** on Role of Bio-Statistics in Evidence Based Nursing Research.



The plenary session 5 was resided by **Dr.Annapoorna Mary** on data collection instruments and methods in quantitative research



The plenary session 6 was presided by **Prof.ChristinaJohnon** Mixed Method Research.



The plenary session 7 was presided by **Prof.SunithaPatney** RAK College of nursing on qualitative research designs.



The plenary session 8 was presided by **Prof. Balalakshmi** HOD, OBG Nursing, The Oxford College Of Nursing on Ethical Consideration in Research.

The plenary session 9 was presided by **Dr. Fabiola** Principal, Meenakshi College of Nursing On Communicating Research Findings-Publication Process.





PAPER PRESENTATION INTERNATIONAL CONFERENCE
With The Theme
“Authentication of Scientific Research for Eminence”
Translating Research into Practice
SCIENTIFIC SESSION
DAY I (26.6.2015)

SCIENTIFIC SESSION-I

Chairperson: Asso. Prof. Jegatha, Sree Balaji College of Nursing, Chennai

Co-Chairperson: Asst. Prof. Ajitha Kumari, Sree Balaji College of Nursing, Chennai

S.NO	Time	Topic /Presenter	Institution
1	7.30am - 7.40am	Effectiveness of nursing care patients with ischemic heart disease. Prof. Ramani	Sree Balaji College of Nursing, Chrompet, Chennai
2	7.40am-7.50am	A descriptive study to assess the quality of life among tuberculosis clients at virugambakkam urban health post, Chennai. Mrs. Tamilkodi, Asso. Prof	Sree Balaji College of Nursing, Chrompet, Chennai
3	7.50am-8.00am	To Assess The Knowledge Regarding Home Care Management Among Patients Undergone Haemodialysis With End Stage Renal Disease In Sree Balaji Medical College And Hospital Chrompet Chennai-44 Ms. Juli, Tutor	Sree Balaji College of Nursing, Chrompet, Chennai
4	8.00am-8.10am	Assess the behavioural risk factors for chronic non-communicable diseases among IT professionals.	Sree Balaji College of Nursing, Chrompet,

		Prof.Semmalar	Chennai
5	8.10am-8.20am	A study to assess the knowledge of mother regarding management of conjunctivitis among their children in anagaputhur, chennai Mrs.Yasodha, Asst.Prof	Sree Balaji College of Nursing, Chrompet, Chennai
6	8.20am-8.30am	Descriptive study to assess the practice of biomedical waste management among staff nurses in selected hospital at Chennai. Prof.Girija Bhaskaran	Sree Balaji College of Nursing, Chrompet, Chennai
7	8.30am-8.40am	A study to assess the effectiveness of mustard plaster application in reduction of knee joint pain among osteoarthritis patients. Ms.Alexandriya, lecturer	Sree Balaji College of Nursing, Chrompet, Chennai
8	8.40am-8.50am	Protocol for oxytocin induction of labour to prevent maternal and fetal complications. Prof.Sathiyalatha sarathi, Vice Principal	Sree Balaji College of Nursing, Chrompet, Chennai

SCIENTIFIC SESSION-II

Chairperson: Prof. V.Hemavathy, Sree Balaji College of Nursing, Chennai

Co-Chairperson: Prof. Sathiya Latha Sarathi, Sree Balaji College of Nursing, Chennai

S.NO	Time	Topic /Presenter	Institution
9	9.00am - 9.10am	Assess the prevalence of anaemia among pregnant mothers and to determine their knowledge and attitude regarding anaemia in pregnancy before and after a structured teaching programme in selected villages of Bidar, Karnataka. Mrs.Sivagami, Lecturer	Women's community College of Nursing, Pallavaram, Chennai
10	9.10am-9.20am	Physiotherapy Research In Healthcare Practice Dr. S.S.Subramanian	SBPC
11	9.20am-9.30am	Effectiveness of oil massage on weight and neuro behavioural response among low birth weight infant. Mrs.V.Suganya, Asst.Prof	Narayana college of nursing, Nellore
12	9.30am-9.40am	A study to assess the effectiveness of structured teaching programme on alcoholism and its prevention among late adolescents in selected schools. Mr.Prakash, Lecturer	PIMS College of Nursing, Puducherry
13	9.40am-9.50am	Assess the knowledge level of stress during menstruation among adolescent girls Mrs.Vinili, Asso. Prof	Chettinadu College of Nursing, Chennai
14	9.50am-10.00am	A study to assess the level of knowledge on dengue fever among the adults of mylai balaji nagar. Prof.Mageshwari	. Sharmila College of Nursing, Chennai

Scientific session:III

Chairperson: Prof. V.Hemavathy, Sree Balaji College of Nursing, Chennai

Co-Chairperson: Prof.Mageshwari Sharmila College of Nursing, Chennai

15	10.10am-10.20am	A study to evaluate the effectiveness of structured teaching program on prevention of road traffic accidents among	Narayana college of nursing, Nellore
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		adolescents. Mrs.Jayalakshmi.k, Asso.Prof	
16	10.20am-10.30am	Effectiveness Of Back Massage Technique On Nausea, Vomiting Among Patients Receiving Chemotherapy At Selected Hospital Mrs. V. Prathiba Sivakumar, Associate Professor	Venkateswara Nursing College, Thalambur
17	10.30am-10.40am	A study to assess the knowledge on organ donation among rural population at thalambue villa. Prof.Lakshmi	Venkadeswara College of Nurisng, Chennai
18	10.40am- 10.50 am	A study to identify the incidence of deep vein thrombosis among major orthopaedic surgical patients in selected hospital Chennai Mrs. Sathiya	Sri Ramachandra University, Chennai

Scientific session:IV

Chairperson: Prof.Girija Bhaskaran, Sree Balaji College of Nursing, Chennai

Co-Chairperson: Mrs.Ajitha Nancy Rani, Sree Balaji College of Nursing, Chrompet, Chennai

S.NO	Time	Presenter	Institution
19	5.30pm-5.40pm	Production, Purification and Characterization of an Endopolygalacturonase from Mucor rouxii B.Durga M.Sc., M.Phil	Sree Venkateswara Arts & Science College
20	5.40pm-5.50pm	A descriptive study to assess the knowledge of women regarding leptospirosis. Prof.Vasantha kohila	Sree Balaji College of Nursing, Chrompet, Chennai
21	5.50 pm- 6.00 pm	Assess the effectiveness of STP on knowledge regarding danger signs of pregnancy among primigravida women at SBMCN, chromepet. Mrs.Deepa, Asst.Prof	Sree Balaji College of Nursing, Chrompet, Chennai
22	6.00pm-6.10pm	Effectiveness of reminiscence therapy on stress among elderly in selected old age home. Mr.Suresh Babu, Asst Prof	Sree Balaji College of Nursing, Chrompet, Chennai
23	6.10pm-6.20pm	A descriptive study to assess the knowledge on prevention of malnutrition among mothers of under five children. Mrs.Jegatha, Asso. Prof	Sree Balaji College of Nursing, Chrompet, Chennai
24	6.20pm-6.30pm	Effectiveness of STP on knowledge and attitude about menstrual hygiene among adolescent girls in selected schools. Mrs.Leelavathi, Lecturer	Sree Balaji College of Nursing, Chrompet, Chennai
25	6.30pm-6.40pm	Effectiveness of mindfulness meditation on psychosocial well being among alcoholics. Mrs.Nandhini, Lecturer	Sree Balaji College of Nursing, Chrompet, Chennai
26	6.40pm-6.50pm	Organoleptic evaluation of five cereal based cookies and commercial cookies. Mrs. Anitha, prof	Sree Balaji College of Nursing, Chrompet, Chennai
27	6.50pm-7.00pm	Effectiveness of progressive muscle relaxation technique on anxiety among chronically mentally ill patients. Ms. Mathini, Lecturer	Sree Balaji College of Nursing, Chrompet, Chennai
28	7.00am-7.10Pm	Knowledge on complication of immobility among the immobility patients in selected wards at selected hospital.	Sree Balaji College of Nursing, Chrompet,

		Mrs.Malarvizhi, Asst.Prof	Chennai
29	7.10pm-7.20pm	Effectiveness of art therapy on anxiety among cancer patients. Mrs.Ajitha Kumari, Asst.Prof	Sree Balaji College of Nursing, Chrompet, Chennai
30	7.20am-7.30Pm	A study to assess the knowledge of teenagers on associations between fast food consumption and weight gain in selected school, Chennai. Mrs.Bency Abraham, Tutor	Sree Balaji College of Nursing, Chrompet, Chennai
31	7.30pm-7.40pm	A study to evaluate the effectiveness of structured teaching programme regarding sex education among adolescent girls in Hilton matriculation higher secondary school, chromepet. Mrs.K.Punitha, Lecturer	Sree Balaji College of Nursing, Chrompet, Chennai
32	7.40pm-7.50pm	“A study to assess the effectiveness of planned teaching programme on knowledge among mothers of school children (6-14 yrs) regarding hepatitis A & E at anakaputhur” Mrs.Binipaul, Asso. Prof	Sree Balaji College of Nursing, Chrompet, Chennai
33	7.50pm-8.00pm	A study to assess the effectiveness of drumstick leaves tea in reduction of blood pressure among hypertensive clients in sree balaji college hospital, chromepet, Chennai. Mrs.Pauline sheelapriya, Lecturer.	Sree Balaji College of Nursing, Chrompet, Chennai
34	8.10m-8.20Pm	A descriptive study to assess the knowledge of antenatal women regarding antenatal care. Mrs.Merlinshiba, Asst.Prof	Sree Balaji College of Nursing, Chrompet, Chennai
35	8.20am-8.30Pm	Effectiveness of play therapy in promoting socialization among the attention deficit hyperactivity children Mrs.Saradhadevi, Asso.Prof	Sree Balaji College of Nursing, Chrompet, Chennai

DAY II (27.6.2015)

Scientific session-V

Chairperson: Asso. Prof .Binipaul, Sree Balaji College of Nursing, Chrompet, Chennai

Co-Chairperson: Asso.Prof .Tamilkodi, Sree Balaji College of Nursing, Chrompet, Chennai

S.NO	Time	Presenter	Institution
38	7.00am-7.10am	Effectiveness of recreational therapy on state of well being among depressive patients Mrs.Ajitha Nancy Rani, Asso Prof	Sree Balaji College of Nursing, Chrompet, Chennai
39	7.10am-7.20am	A study to assess the knowledge regarding pet animals and ventilation on asthmatic women aged 45-60 years in rural community. Mrs.Dhanalakshmi, Asso Prof	Sree Balaji College of Nursing, Chrompet, Chennai
40	7.20am-7.30am	Effectiveness of prenatal teaching programme on post natal practice of breast care and breast feeding among antenatal	Sree Balaji College of Nursing, Chrompet,

		mother in Sree Balaji Medical College and Hospital. Mrs.Muthulakshmi, Asso.Prof	Chennai
41	7.30am-7.40am	Effectiveness of aseptic wound dressing practice among nurses. Mrs.Margreat thatcher, Asst.Prof	Sree Balaji College of Nursing, Chrompet, Chennai
42	7.40am-7.50am	A study to assess the effectiveness of structured teaching programme on knowledge regarding kangaroo mother care among the mothers of the hospitalized new born Mrs.Geetha, Asst.Prof	Sree Balaji College of Nursing, Chrompet, Chennai

Scientific session-VI

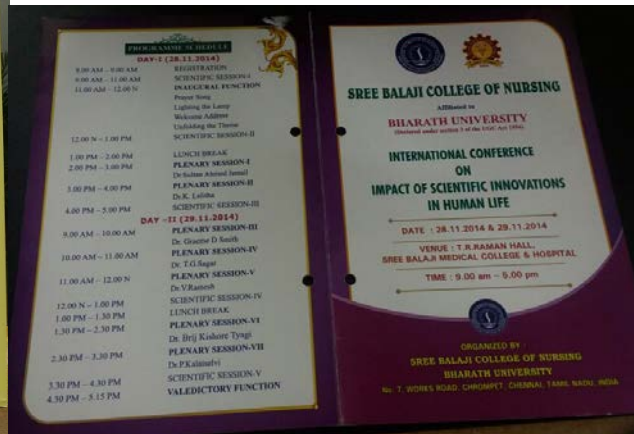
Chairperson: Prof. Vasantha Kohila Sree Balaji College of Nursing, Chrompet, Chennai

Co-Chairperson: Prof.Semmalar , Sree Balaji College of Nursing, Chrompet, Chennai

S.NO	Time	Presenter	Institution
43	8.00am-8.10am	A study to assess the level of parental anxiety among mothers of hospitalised children in selected hospital, Nellore. Prof.M.Radhika, Vice Principal	Narayana College of Nursing, Nellore, Andhra Pradesh
44	8.10am-8.20am	Factors affecting complaints to self management of branchial asthma as perceived by the asthmatic patient receiving care in selected hospital Chennai. Mrs.K.J.Pushpakala,	Chettinadu college of nurisng
45	8.20am-8.30am	Assess the knowledge of pregnancy induced hypertension among antenatal mothers. Mrs.Nimmi, Prof	Akal College of Nursing, Eternal University, Himachal Pradesh
46	8.40am-8.50 am	A study to assess the stress level among wives of alcoholics. Mrs. Nisha .S. Nalk	Dr. D. Y. Patil college of Nursing, Pimpri, Pune-18

I -INTERNATIONAL CONFERERNC E - NOVEMBER 2014





SreeBalaji college of Nursing conducted the International conference on **28th&29th of November 2014** with the theme ***“IMPACT OF SCIENTIFIC INNOVATION IN HUMAN LIFE”***.



The inaugural address was delivered by Dr M Ponnaivaiko vice chancellor Bharath University. The chief guest was Dr. AravindMathur, M.D DHA, DNB Medical Officer, WHO, South East Asia Regional Office New Delhi. The Guest of Honor was Dr. Ani Grace Kalaimathi M.SC (N) Ph.D. Registrar, Tamil Nadu Nurses & Midwives Council, and Chennai.



Plenary session 1 was presided by **Dr. Sultan Ahmed Ismail, Msc, PhD, Dsc.** Chennai pointed the Impact of Bio technological innovations in human life. He pointed the new information about the technology, cloning, & also about pro-biotic in detail



Plenary session 2 was presided by **Dr.K.Lalitha, M.sc (N), Prof ,HOD, NIMHANS, Bangalore** on the psychosocial perspectives of patient perception with advanced technology **Plenary session 3** was presided by **Dr. Aravind Mathur, MD,DNB ,New Delhi India,** on the Technological advancement in maternal & reproductive health.



The Plenary session 4 was presided by **Dr. Grame D. Smith** M.sc (N), PHD, Scotland ,U.K. on the nursing perspectives on impact of advanced technology in human life.





The plenary session 5 was presided by **Dr.Sagar**, Director,Cancer Institute (WIA), Chennai on the Cancer Myths, facts and its impact on human life.



The plenary session 6 was presided by **T.Thilakavathi** on impact of Tele Communication and its impact on nursing practice.



The plenary session 7 was presided by **Dr. Venkateshan** PhD, DSC, Principal, and Shri Academy for Paramedical Education and Chennai on Advanced trends in nursing. He enforced that quality of chemicals, laboratory reagents, quality assessment statistical analysis and e-journals



The plenary session 8 was presided by **Dr. Brij Kishore Tyagi**, scientist .g Director in charge, ICMR Madurai. He pointed the various aspects of bio technology and includes the climatic changes and its influence.



It finally ended with interactive sessions with faculties.





PAPER PRESENTATION

DAY – 1 (28-11-2014)

SCIENTIFIC SESSION -1 (8: 00 AM- 9: 00 AM)

HALL -2 (SEMINAR HALL)

CHAIR PERSON: Mrs. Vasantha kohila

CO – CHAIR PERSON: Mrs. Tamilzhkodi

TIME	TOPIC AND PRESENTER
8 : 00 AM – 8 : 10 AM	A comparative study to assess the nutritional status of urban and rural primary school children, Prof.Vasantha Kohila, SBCN
8 : 10 AM – 8 : 20 AM	Effectiveness of acharya technique upon back pain among industrial workers. Mrs. Tamilzhkodi, SBCN
8 : 20 AM – 8 : 30 AM	Effectiveness of nursing care on mothers with bad obstetrical history Mrs. Priyadarshini, SBCN
8 : 30 AM – 8 : 40 AM	A study to evaluate the quality of care of patients with Myocardial infarction in intensive coronary care unit at Sree Balaji Medical College & Hospital, Chennai Mrs. Margareat Thatcher, SBCN
8 : 40 AM – 8 : 50 AM	A study to assess the knowledge, practice and technique on hand hygiene among the nurses while caring patients in selected wards at selected hospital. Mrs. Malar Vizhi, SBCN
8 : 50 – 9 : 00 AM	A quasi experimental study to assess the effectiveness of gardening therapy on depression among old age in selected old age homes, Chennai Ms. Mathini, SBCN

SCIENTIFIC SESSION -II (9: 00 AM- 10: 00 AM)

HALL – I (Seminar Hall)

CHAIR PERSON: Mrs. Prof.Sathya latha sarathi

CO – CHAIR PERSON: Mrs. R.Suriya kala

TIME	TOPIC AND PRESENTER
9:00 AM – 9: 10 AM	A study to assess the effectiveness of group therapy in improving the self esteem among alcoholic patients, Mrs.Sajil, Staff nurse, SBMC&H
9: 10 AM – 9: 20 AM	A study to assess the effectiveness of laughter therapy on depression among elderly in a selected old age home, Mrs.Anuradha, Annai Velakanni college of nursing, Chennai
9: 20 AM – 9 : 30 AM	Prevalence, risk factors and effectiveness of cervical cancer awareness package among women in rural population at Chennai. Prof. Sathyalatha sarathi, SBCN
9 : 30 AM – 9 : 40 AM	A study to assess the effectiveness of an orientation programme on noise induced health hazards on the awareness and compliance to using protective device among employees in a selected metal fabrication industry at Chennai MRS.Vadavalli, K.R.M Public School
9 : 40 AM – 9 : 50 AM	Teaching programme on progressive muscle relaxation techniques in management of stress among infertile women in Chennai fertility centre at Chennai. Mrs. SarasvathyDr. M.G.R.Medical university & research centre, maduravoyal.
9 : 50 AM – 10 : 00AM	Comparative study on kangaroo care and mummifying Mrs.R.Suriya kala Asst.Prof. Isabella college of nursing, Chennai

SCIENTIFIC SESSION -1II (4:00PM – 5:00PM)

HALL – 2 (Seminar Hall)

CHAIR PERSON: Mrs. Girija Bhaskaran

CO – CHAIR PERSON: Mrs. Maheshwari

TIME	TOPIC AND PRESENTER
4: 00 PM – 4: 10 PM	A quasi experimental study to assess the effectiveness of yoga therapy on the level of stress among the institutionalized elderly in selected old age home at Chennai. Prof. V. Hemavathy, Principal, SBCN
4: 10 PM – 4: 20 PM	Assess the efficacy of incentive spirometer on dyspnea & pulmonary dysfunction for COPD patients Mrs. Maheshwari, Reader Sharmila college of nursing, Chennai.
4: 20 PM – 4: 30 PM	A study to assess effectiveness of structured teaching program on breast self examination among industrial women worker on selected industries in Chennai, Prof.Mrs.Girija Bashkaran, SBCN.
4: 30 PM – 4: 40 PM	Effectiveness of progressive muscle relaxation technique in reducing the levels of anxiety, nausea and vomiting for cancer patients receiving chemotherapy, Mrs.S.Semmlar, Prof, SBCN
4: 40 PM – 4: 50 PM	Effectiveness of structured teaching programme on knowledge and practice regarding eye care among patients with cataract surgery, Mrs.Ramani, Asso Prof, SBCN
4: 50 PM – 5 :00 PM	Assess the effectiveness of STP on knowledge regarding pregnancy induced hypertension among primi gravid women attending the antenatal outpatient department Mrs. Muthulakshmi, SBCN
5 :00 PM – 5: 10 PM	Study to assess the effectiveness of structure teaching program on knowledge regarding antenatal care among mothers with gestational diabetes mellitus in selected hospitals at Chennai.

	K.THAVAMANI, PhD, Scholar, RIGHT COLLEGE OF NURSING ,CHENNAI.
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SREE BALJI COLLEGE OF NURSING

BHARATH UNIVERSITY

PROGRAMME SCHEDULE

DAY – II (29-11-2014)

SCIENTIFIC SESSION -1V (7: 30 AM- 8: 30 AM)

HALL – I (Conference Hall)

CHAIR PERSON: Mrs.Dhanalakshmi

CO – CHAIR PERSON: Mrs. Jegatha

TIME	TOPIC AND PRESENTER
7: 30 AM – 7 : 40 AM	Assess the effectiveness of structured teaching programme on knowledge of middle-aged women (35-56 years) regarding early defection & prevention of cancer cervix in Mylai Balaji Nagar, Chennai, Mrs. Jegatha, SBCN
7 : 40 AM – 7: 50 AM	A comparative study to assess the knowledge of primigravida mothers regarding antenatal care in selected rural and urban areas with a view to develop an information guide sheet. Mrs. Dhanalakshmi, SBCN
7: 50 AM – 8 : 00 AM	Product development, preparation and food analysis of five cereal based high energy cookies. Mrs. Anitha, SBCN
8 : 00 AM – 8: 10 AM	Evaluate the effectiveness of structural teaching module regarding antenatal care on knowledge and attitude among primigravid women in Mylai Balaji Nagar, Chennai Mrs.Yasodha, SBCN
8: 10 AM – 8.20 AM	A study to assess the effectiveness of structured teaching programme on knowledge of acute respiratory infection among mothers of under five children in Anakaputhur,

	Chromepet. Mrs. Merlin Shiba, SBCN
8.20 AM – 8.30 AM	Effectiveness Of structure teaching programme on Knowledge and Attitude regarding Childhood Obesity among the Children of 13-15 years of age in Selected School, Chennai. Mrs. Geetha, SBCN

SCIENTIFIC SESSION -1V (7: 30 AM- 8: 30 AM)

HALL – 2 (Seminar Hall)

CHAIR PERSON: Mrs.R.Ajitha nancy rani

CO – CHAIR PERSON: Mrs.V.J.Binipaul

TIME	TOPIC AND PRESENTER
7: 30 AM – 7 : 40 AM	A study to determine the level of family burden of family members of Schizophrenic patient at selected hospital in Chennai Mrs. Ajitha nancy rani, SBCN
7 : 40 AM – 7: 50 AM	Assess the effectiveness of structured teaching programme on knowledge of prevention of road traffic accidents among school going children in selected schools, Chennai. Mrs. V.J.BINIPAUL , SBCN
7: 50 AM – 8 : 00 AM	Determine the quality of life of schizophrenia after hospitalization at selected hospital in Chennai. Mrs. Saradhadevi, SBCN
8 : 00 AM – 8: 10 AM	Effectiveness of foot reflexology on anxiety and depression among cancer patients. Mrs. AjithaKumari, SBCN
8: 10 AM – 8.20 AM	To determine the efficacy of psycho educational intervention programmes on schizophrenia in relapse prevention among scientific care givers at selected hospital in Chennai. Mrs. Prashi Antony, SBCN

8.20 AM – 8.30 AM	<p>A study to assess the effectiveness of video modules on knowledge regarding management of suicide among college students in Sree Balaji College in Chennai</p> <p>Ms. Kanimozhi, SBCN</p>
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SCIENTIFIC SESSION -V (12: 15 AM- 1: 00 AM)

HALL – 2 (Seminar Hall)

CHAIR PERSON: Mrs. Radhika

CO – CHAIR PERSON: Mrs. Latha

TIME	TOPIC AND PRESENTER
12 : 15 PM – 12: 25 PM	<p>A Study to Assess the Knowledge on selected aspects of Antenatal Care among Antenatal Mothers attending Antenatal OPD in Maternity centre, Saidapet, Vellore.</p> <p>M.KALAIMAGAL., MSC(N), READER, ARULMIGU MEENAKSHI COLLEGE OF NURSING, KANCHIPURAM.</p>
12: 25 PM – 12: 35 PM	<p>“A study to assess the knowledge and utilization practices of reproductive and child health services among mothers in selected rural village, Nellore”</p> <p>Prof. Mrs.Radhika.M, Narayana College of Nursing</p>
12: 35 PM – 12: 45 PM	<p>Advanced technology in psychiatric nursing,</p> <p>Mrs.V.Revathy, Arulmigu meenakshi College of Nursing, Kancheepuram.</p>
12: 45 PM – 12 : 55 PM	<p>Effectiveness of humour therapy on depression among the elderly in a selected old age home. Mr. Suresh Babu, SBCN</p>

SCIENTIFIC SESSION -V1 (3: 30 PM- 4: 30 PM)

HALL – 2 (Seminar Hall)

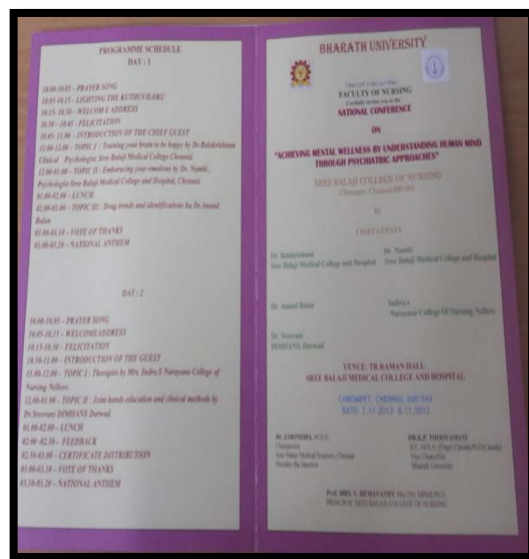
CHAIR PERSON: Mrs. Mary Nirmala

CO – CHAIR PERSON: Mrs. Lakshmi

TIME	TOPIC AND PRESENTER
3: 30 PM – 3 : 40 PM	Effectiveness of Structured Teaching Programme On Reducing The Level of Anxiety Among Alcohol Dependent At Institute of Mental Health Chennai. Mrs. Mary Nirmala, M.Sc (NURSING) PRINCIPAL, SHARMILA COLLEGE OF NURSING
3 : 40 PM – 3 : 50PM	Effectiveness of structured teaching programme on knowledge of contraceptive methods among married women seeking medical termination of pregnancy at chengalpattu medical college and hospital-chengalpattu Mrs. Lakshmi. Professor. Venkateswara College of Nursing
3 : 50 PM – 4.00 PM	A study to evaluate the effectiveness of structured teaching programme on hypertension in terms of knowledge and attitude among hypertensive patients in Sree Balaji Medical College & Hospital Mrs. Deborah Mercy Bai, SBCN
4.00 PM – 4 : 10 PM	Effectiveness of selected nursing intervention on perception of pain during first stage of labour among primigravida mothers. Mrs. Deepa, SBCN
4 : 10 PM – 4 : 20PM	A comparative study to assess the effectiveness between aerobic exercise and ginger remedy on dysmenorrhoea among adolescence girls. Mrs. Leelavathi, SBCN
4 : 20 PM – 4 : 30PM	Effectiveness of sudarshana kriya yoga on anxiety among adolescents at selected schools. Mrs. Nandhini, SBCN

II-NATIONAL CONFERENCE – NOVEMBER 13

SreeBalaji college of Nursing conducted the National conference on “Achieving Mental Wellness By Understanding Human Mind Through Psychiatric Approaches” ON 7.11.13& 8.11.13. The inaugural address was delivered by Dr K.P. THOORYAMANI vice chancellor Bharath University. The chief guest was Dr. K. LALITHA, M.Sc (N) PhD, H.O.D of Nursing Department ,Nimhans, Bangalore.





Plenary session 1 was resided by **Dr. ShanthiNambi M.D** Senior Psychiatric Consultant, Former President Of Indian Psychiatric Society, SBMCH on “EMBARACING YOUR EMOTIONS”. **Plenary session 2** was resided by **Dr.K.Lalitha**, M.sc (N), Prof, HOD, NIMHANS, and Bangalore training your brain to happy.





Plenary session 3 was presided by Prof. Mary Nirmala MSC (N), Principal Sharmila College Of Nursing presented topic on Drug Trends And Identifications.



The Plenary session 4 was presided by Dr.Nappinai presented topic on Joint Hands Education And Clinical Methods..She inculcated about the usage and benefits of counseling and counseling techniques.



The plenary session 5 was presided by Dr. Nambi Sree Balaji medical college and hospital presented topic on Therapies .He stressed about various therapies that is used for mentally ill .



PAPER PRESENTATION

DAY-I (7.11.2013)

Chairperson: Asso. Prof.Vasanthakohila Sree Balaji College of Nursing, Chennai

Co-Chairperson: Asst.Prof .Ajitha Nancysree Balaji College of Nursing, Chennai

S.NO	Time	Topic /Presenter	Institution
1	7.30am - 7.40am	Effectiveness of nursing care patients with MI. Prof.REENA	Sree Balaji College of Nursing, Chrompet, Chennai
2	7.40am-7.50am	A descriptive study to assess the quality of life among Leprosy clients at virugambakkam urban health post, Chennai.	Sree Balaji College of Nursing, Chrompet, Chennai

		Mrs.Jegatha, Asso.Prof	
3	7.50am-8.00am	To Assess The Knowledge Regarding Home Care Management Among Patients Undergone kidney transplantation With End Stage Renal Disease In Sree Balaji Medical College And Hospital Chrompet Chennai-44 Prof. Girija	Sree Balaji College of Nursing, Chrompet, Chennai
4	8.00am-8.10am	Assess the behavioural risk factors for chronic communicable diseases among IT professionals. Prof.Dhanalakshmi	Sree Balaji College of Nursing, Chrompet, Chennai
5	8.10am-8.20am	A study to assess the knowledge of mother regarding management of cataract among their children in anagaputhur, chennai Mrs.Yasodha, Asst.Prof	Sree Balaji College of Nursing, Chrompet, Chennai
6	8.20am-8.30am	Descriptive study to assess the practice of biomedical waste management among staff nurses in selected hospital at Chennai. Prof.Mercy bai	Sree Balaji College of Nursing, Chrompet, Chennai
7	8.30am-8.40am	A study to assess the effectiveness of papaya application in reduction of knee joint pain among osteoarthritis patients. Ms. Tamizhkodi Asst. Prof	Sree Balaji College of Nursing, Chrompet, Chennai
8	8.40am-8.50am	Protocol for oitocin induction of labour to prevent maternl and fetal complications. Mrs.Deepa lecturer	Sree Balaji College of Nursing, Chrompet, Chennai

DAY- II (8.112013)

Chairperson: Prof. V.Hemavathy, Sree Balaji College of Nursing, Chennai

Co-Chairperson: Prof. Sathiya Latha Sarathi, Sree Balaji College of Nursing, Chennai

S.NO	Time	Topic /Presenter	Institution
9	9.00am - 9.10am	Assess the prevalence of anaemia among pregnant mothers and to determine their knowledge and attitude regarding anaemia in pregnancy before and after a structured teaching programme in selected villages of Bidar, Karnataka. Mrs.Sivagami, Lecturer	Vel RS, Chennai
10	9.10am-9.20am	Physiotherapy Research In Healthcare Practice Dr. S.S.Subramanian	SBPC
11	9.20am-9.30am	Effectiveness of oil massage on weight and neuro behavioural response among pre term Mrs.V.Rajalakshmi, Asst.Prof	Narayana college of nursing, Nellore
12	9.30am-9.40am	A study to assess the effectiveness of structured teaching programme on substance abuse and its prevention among late adolescents in selected schools. Mr.senthilkumar , Lecturer	PIMS College of Nursing, Puducherry
13	9.40am-9.50am	Assess the knowledge level of stress during menstruation among middle age women Mrs.Vinili, Asso. Prof	Chettinadu College of Nursing, Chennai
14	9.50am-10.00am	A study to assess the level of knowledge on Swineflu among the adults of mylai balaji nagar. Prof.Lakshmi	.Vel Rs College of Nursing, Chennai

I -NATIONAL CONFERENCE – MARCH 2012



Sree Balaji college of Nursing conducted the National conference on **21st&22ndMarch 2012** with the theme ***“EMERGING TRENDS IN THERAPEUTIC APPROACHES”***.



The inaugural address was delivered by Dr K.P. THOOYAMANI vice chancellor Bharath University. The chief guest was Dr. K. LALITHA, M.Sc (N) PhD, H.O.D of Nursing Department ,Nimhans, Bangalore.



Plenary session 1 was presided by **Dr. Shanthi Nambi M.D** Senior Psychiatric Consultant, Former President Of Indian Psychiatric Society, SBMCH on Stress Management. **Plenary session 2** was presided by **Dr.K.Lalitha**, M.sc (N), Prof, HOD, NIMHANS, and Bangalore on Emerging trends in Psychiatric Nursing



Plenary session 3 was presided by **.Dr.Surendran, M.D.** Surveillance Medical Officer, World Health Organization, D.M.S, Teyanampet, Chennai on Polio eradication success – Task ahead, challenges ahead what next? **The Plenary session 4** was presided by **Dr.Rebecca Samson, M.Sc (N), Ph.D.** Principal, PIMS College of Nursing, Pondicherry on Emerging trends in Community Health Nursing



The plenary session 5 was presided by **Dr.Parivathini,R.** M.D. D.C.H.M Asst. Professor Institute Of Child Health Nursing And Hospital For Children Egmore, Chennai .

The plenary session 6 was presided by **Prof. KamlaSubbian,** M.Sc (N) Principal, Venkateshwara College Of Nursing, Chennai Emerging trends in Child Health Nursing

The plenary session 7 was presided by **Dr.JayashreeSrinivasan,** M.D., D.G.O., Professor, Institute Of Obstetrics And Gynaecology And Govt Hospital For Women And Children Chennai

The plenary session 8 was presided by **Prof.Roseline Rachel Premila .P,** M.Sc (N) MHRN, PG DIP GC, Ph.D, Principal, Indira College Of Nursing, Chennai Emerging trends in Obstetrics & Gynecological Nursing

The plenary session 9 was presided by **Dr.JemimaBaskar,** M.D. General Medicine, Public Health Center on Current trends in cardiology.

The plenary session 10 was presided by **Dr.IndiraArumugam,** M.Sc(N) Ph.D

Principal, Narayana College of Nursing, Andhra Pradesh Emerging trends in Medical Surgical Nursing.





SREE BALAJI COLLEGE OF NURSING

Bharath University

Chennai.



NATIONAL CONFERENCE

THEME : "Emerging Trends in Therapeutic Approaches"

This is to certify Dr. / Ms. / Mrs. / V. YASODHA

*Has been a delegate / Resource Person / Organizer for the National Conference
organized by Sree Balaji College of Nursing, Chrompet, Chennai - 44.
On 21.03.2012 and 22.03.2012.*

J. Srinivasan
Chair Person

S. S. M.
Registrar

S. Srinivasan
Principal