

# **NATIONAL SERVICE SCHEME**



# **Bharath**

## **INSTITUTE OF HIGHER EDUCATION AND RESEARCH**

(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)  
(Vide Notification No. F.9-5/2000 - U.3, Ministry of Human Resource Development, Govt. of India, dated 4<sup>th</sup> July 2002)

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**NATIONAL SERVICE SCHEME CELL**  
**SREE BALAJI COLLEGE OF NURSING**  
**BHARATH UNIVERSITY**  
**CHENNAI -44**



<b>S.NO</b>	<b>YEAR</b>	<b>NO OF STUDENTS</b>	<b>ACTIVITIES</b>	<b>NAME OF THE PLACE</b>
1	2016-17	52	<b>REGULAR ACTIVITES AND SPECIAL ACTIVITES</b>	<b>ATHANACHERY</b>
2	2015- 2016	100	<b>REGULAR ACTIVITES AND SPECIAL ACTIVITES</b>	<b>PADAPPAI</b>

## **NATIONAL SERVICE SCHEME**

National service scheme provides diversified opportunities to students in college and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath University has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS Volunteers in nursing colleges in Bharath University on the theme HEALTHY YOUTH FOR HEALTH INDIA, for pollution free environment, School health program, Tree plantation, polio drops, organ donations awareness, General health camp, Dengue awareness among the public.

I congratulate all NSS students and participants in the Bharath university NSS cell

Like last year, the 2016-2017 shall be another year with vibrant NSS activities on the theme HEALTHY YOUTH FOR HEALTH INDIA. The Hand book suggest only a few activities to be carried out, there could be many more.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath University through the NSS activities.



## NATIONAL SERVICE SCHEME

### INTRODUCTION

The **National Service Scheme (NSS)** is an Indian government-sponsored public service program conducted by the Department of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage.

### OBJECTIVE OF NSS

- Enable the students to understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the community and involved in problems solving process.
- Develop among themselves a sense of social and civic responsibility.
- Apply their education in finding practical solution to individual and community problems
- Develop competence required for group living and sharing responsibilities
- Gain skills in mobilizing community participation.
- Acquire leadership qualities and democratic attitude
- Develop capacity to meet emergencies and national disasters and
- Practice national integration and harmony.

### STRENGTH ALLOCATED AND ACTIVITIES

Regular Activities	: 100 (1 units)
Special Camping Programme	: 50 (2 camp)
No.of Adopted villages	: 2
No of Programme officers	: 2 (F)

### REGULAR ACTIVITIES

Under this, students undertake various need based programmes in the adopted villages, College Campuses and Urban Slums during weekends or after college hours.

120 hours per year and 240 hours for 2 consecutive years

- |  |   |         |
|--|---|---------|
| 1. General Orientation of NSS Volunteers.                    | - | 20 hrs  |
| NSS Day Celebrations   |   |         |
| 2. Career guidance for the NSS Volunteers, by the experts    | - | 30 hrs  |
| and Campus work  |   |         |
| 3. Skill development (first aid, disaster management, public | - | 26 hrs. |

Speaking, leadership motivation, HIV/AIDS awareness etc.)

4. Community Development Projects (in the adopted village - 44 hrs

-Survey in the village, tree plantations, Health Camp,

Cleanliness, Road Safety, Visits to Homes, Sanitation,

Womendevelopment Programmes,

School Health Programme, and consumer Awareness etc)

**Total** - 120 hrs.

## **SPECIAL CAMPING PROGRAMME**

Under this, 7 days camp organized in the adopted villages with a specified theme being given by Govt of India by involving local youth. The Special camp should be conducted only in the adopted village (for second year NSS volunteers) at least for three continuously.

### **1. MANAGEMENT OF NURSING COLLEGE NSS UNIT**

Each nursing college has to constitute an Advisory Committee to advice on programme planning and development under the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The programme officer is its member secretary. The Programme Officer has to maintain the Advisory Committee Minutes book.

**The committee may consist of:**

1. Principal chairperson
2. Two staff members with Members

Social work background

3. Representatives from the adopted Member

Villages/slum Welfare agencies

4. NSS Student leaders one (or) two Member
5. NSS Programme officers Member- Secretary

## **RECORDS AND REGISTERS**

The following Records and Registers are to maintained by the NSS units at the Institution level.

1. Enrolment Register of Volunteers
2. Cash Register
3. Stock Register (Consumable & non -consumable)
4. Attendance Register for Volunteers
5. Registers for blood grouping
6. Minutes Book (College Level NSS Advisory Committee)

## **SPECIAL CAMPING PROGRAMMING FOR THE YEAR 2016-2017**

### **Proposed activities**

- Identification of the adopted villages
- Awareness drives through Youth Rallies
- Community participation by involving members of the adopted villages and local institutions
- Duration of the NSS Special Camps will be 7 days
- Organizing Day Camps on the theme at the Adopted Villages on weekends.
- Evaluation of the camp may be done with the help of Volunteers and the community.
- Documentation in the form of success stories, newspaper, clipping, daily reports in students diary, action photographs, video recording may be made.
- The special camps organized during the quarter may be reflected in the quarterly progress Report and the report be sent to all the concerned in time.

### **Following activities may be undertaken during the 7 day special camp:**

#### **DAY 1 : 4/3/2017**

The inaugural function of NSS special camp at government middle school, Melpadappai. After lunch, NSS Volunteers rapport maintained and conduct survey at Arthanacheri village regarding demographic variables, health problems, and water resources available in adopted village.

#### **Day 2: 5/3/2017**

The second day free medical camp was conducted and few of them were referred to Balaji Hospital for further treatment.

#### **Day 3: 6/3/2017**

The school health Program was conducted at government middle school Melpadappai and Sex Education awareness given to school students.

#### **Day 4: 7/3/2017**

Tree plantation was done at adopted village .NSS volunteers and programme officers interacted with women of self-help group about child Safety.

#### **Day 5: 8/3/2017**

Dr.Lalitha, Chief Medical officer, SreeBalaji Rural and training health center gave speech about women's health and menstrual hygiene. Women's day was celebrated at SreeBalaji College of Nursing and NSS volunteers demonstrated about Women's self-defence. NSS Volunteers do some culture events.

#### **Day 6: 9/3/2017**

NSS volunteers after the survey should conduct cleanliness of wells, digging & deepening of ponds preservation of rainy water by digging tank etc., by involving local people. Speech about yoga practice in daily life. NSS volunteers was involved in yoga practice many students were benefited.

**Day 7: 10/3/2017**

NSS volunteers daily involved in yoga practice for this camp and many students were benefited. Dr.Elanchezhian took class about Dengue, types and its prevention.

In this special camp NSS Volunteer trained Karate for the concept of Self-defence and Personality development for girls student.

## SPECIAL CAMP PHOTOS



SPECIAL CAMP INAUGURATION -LIGHTING KUTHUVILAKU

## WELCOME DANCE SURVEY



## FREE MEDICAL CAMP





## ENVIRONMENTAL CLEANING IN ADOPTED VILLAGE





## **AWARENESS PROGRAMME**



## TREE SAPLING







## WOMENS DAY CELEBRATION







## CLEANING THE SCHOOL CAMPUS







## YOGA TRAINING







## DENGUE AWARENESS



## KARATE DEMONSTRATION BY NSS STUDENTS





**NSS VOLUNTEERS AND PROGRAMME OFFICERS**



## REGULAR ACTIVITIES PHOTOS 2016-2017

**World Health Day (WHD)** is celebrated every year on April 7th. The World Health Organization (WHO) has chosen diabetes as its theme for WHD in 2016 – for the first time ever. WHD 2016 has three main goals: an increase in awareness of diabetes and its consequences; a triggering of specific, effective and affordable actions to prevent, diagnose and treat diabetes and the launch of the first global report on diabetes which will describe the burden of diabetes and advocate the strengthening of health systems to combat this immense global challenge.





## **POSTER PRESENTATION –THEME BEAT DIABETES**



**WORLD HEALTH DAY HELD AT COLLEGE CAMPUS ON APRIL 7<sup>TH</sup> 2016-**

## **VOTERS AWARENESS**

### **VOTER PLEDGE**

Vote of confidence, procedure used by members of a legislative body (generally the lower house in a bicameral system) to remove a government (the prime minister and his cabinet) from office. To be successful, the procedure, which does not apply to the removal of heads of state in presidential and semi presidential forms of government, typically requires a majority of legislators to disapprove of the government's actions—i.e., to issue a vote of “no confidence” or a motion of censure. Vote on a major piece of legislation may be treated as a vote of confidence.



**“DEMOCRACY IS NOT JUST THE RIGHT TO VOTE; IT IS THE RIGHT TO LIVE IN DIGNITY.”**





## INTERNATIONAL YOGA DAY CELEBRATION

Yoga is a physical, mental and spiritual practice or discipline which originated in ancient India. Lord SHIVA was the father of yoga and in the olden days RISHIS were do meditation while praying god in different postures, later on this postures were known as ASANAS in yoga. International Yoga day 2016 was conducted june 21<sup>st</sup> at college campus.





## **NSS DAY CELEBRATION**

The cardinal principle of the NSS programme is that it is organised by the students themselves, and both students and teachers through their combined participation in community service, get a sense of involvement in the tasks of nation building.

**NSS DAY CELEBRATION WAS HELD AT SREE BALAJI COLLEGE OF NURSING ON  
24.9.2016**



**NSS DAY CELEBRATION -LIGHTING KUTHUVILAKU**







## **DENGUE AWARENESS**

We are conducted dengue awareness programme along with pallavaram municipality mainly to create Awareness among people regarding Dengue at pozhichalur. Totally 50 NSS students and NSS staffs from Sreebalaji college of Nursing .Dengue awareness programme started 17.10.2016 to 22.10.2016.









### **SURVEY AND MOBILE CAMP**



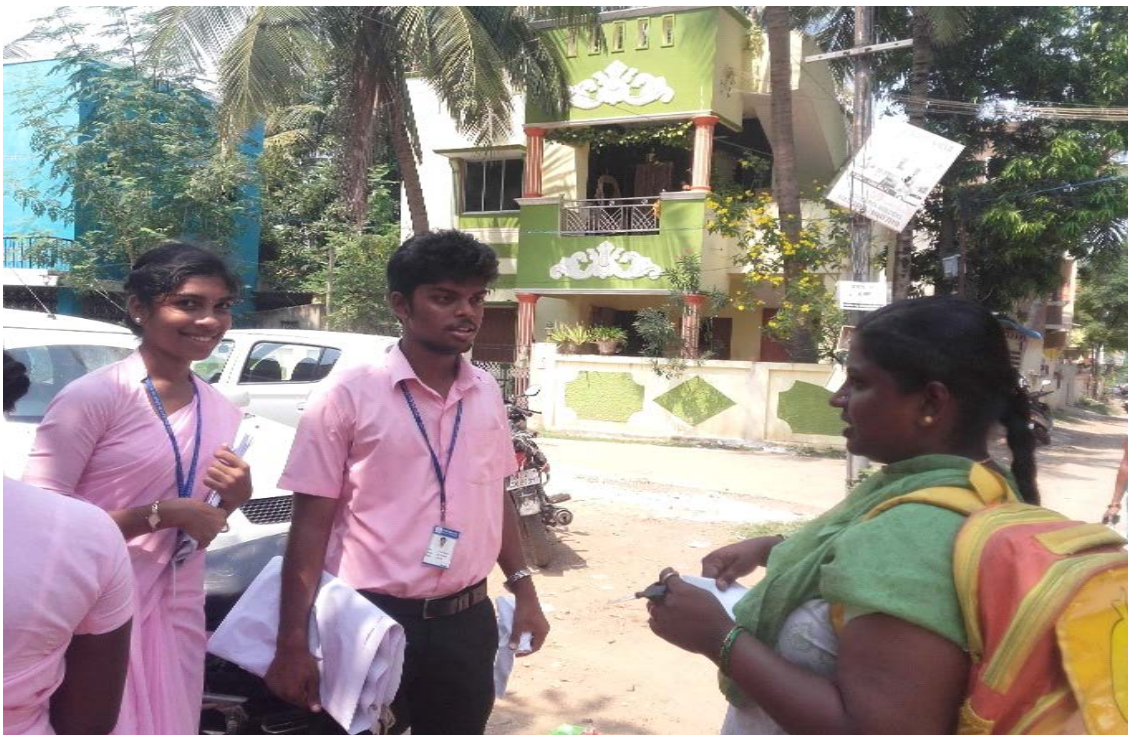


**AWARENESS AND PREVENTIVE MEASURES FOR DENGUE**



**DETECTION OF MOSQUITO BREEDING PLACES**







## **DISTRICT COLLECTOR VISIT THE AWARENESS PROGRAMME**



## **ORGANDONATION WEEK**

Organ donation rally held at marina beach. The rally started at 9.30am from light house the student carried the awareness pluck card and from our college we were carrying cards that about organ donation from Chennai . The rally was conducted up to Anna Samadhi a talk was given by Health & family welfare minister Dr. C. VijayaBaskaran and health secretary Dr. J. Radha Krishnan for this great concern about and permitted us to this program about organ donation and its importance.



**ORGANDONATION WEEK CELEBRATED AT MARINA BEACH ON 25.11.2016**



**HELPLINE SERVICE FOR TRANSFERRING THE PERSON WHO IS WILLING TO DONATE ORGAN.**



**RALLY CONDUCTED UPTO LIGHTHOUSE TO ANNA SAMATHY.**





## WORLD AIDS DAY RALLY

World AIDS Day, designated on 1 December every year since 1988,<sup>[1]</sup> is dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection, and mourning those who have died of the disease. Government and health officials, non-governmental organizations and individuals around the world observe the day, often with education on AIDS prevention and control.



## NATIONAL VOTERS DAY

The National Voters' Day is celebrated every year to mark the foundation day of the Election Commission of India, which was established on 25th January, 1950. The purpose of celebrating this day is to increase enrolment of voters, especially young voters. The day is also utilized to spread awareness among voters regarding effective participation in the electoral process. The theme for the 7th National Voters' Day, celebrated on the 25th January 2017, was **'Empowering Young and Future Voters.'**



**“BAD OFFICIALS ARE ELECTED BY GOOD CITIZENS WHO DO NOT VOTE”**



## MEASLES RUBELLA VACCINATION CAMPAIGN



The government of Tamilnadu has proposed to conduct Measles Rubella special campaign during the month of February 2017, to eliminate measles & Rubella from our state. Mass School Immunization of children is the best way to protect against illness and prevent spread of Vaccine preventable Diseases.

MR Campaign is a special campaign to vaccinate all children in the age group of 9 completed months to less than 15 years of age with one dose of MR Vaccine Whether previously immunized or not against Measles/ Rubella.

### **Measles rubella vaccine**

1. A safe and effective vaccine
2. With a single prick (MR vaccination) your child gets lifelong protection.
3. Prevents the birth of new born with congenital defects.



**“WE ‘VE SAVE THE BEST FOR THE LAST”**

**MR VACCINE IMMUNIZATION HELD AT MELPADAPPAI ON 21 ST FEBRUARY 2017**



[illegible]

## WOMEN'S DAY CELEBRATION



The 2017 theme for International Women's Day, 8 March, The world of work is changing, with significant implications for women. On one hand, technological advances and globalization bring unprecedented opportunities for those who can access them. On the other hand, there is growing informality of labour, income inequality and humanitarian crises.

WOMENS DAY THEME 2017

**“Women in the Changing World of Work: Planet 50-50 by 2030”.**





**“YOU SHOULD NEVER LET YOUR FEARS PREVENT YOU FROM DOING WHAT  
YOU KNOW IS RIGHT”**

**“WE CANNOT ALL SUCCEED WHEN HALF OF US ARE HELD BACK**



