

PROGRAMME SCHEDULE

28 & 29 November 2025

DAY-1-28/11/2025

TIME	TOPIC AND PRESENTER
7.30 AM - 8.00 AM	REGISTRATION
8.00AM - 8.30AM	PLENARY SESSION-I Empowering women through safe Motherhood initiatives. Mrs.Pappy Yuvarani, Professor, OBG Department, Sree Balaji College of Nursing, BIHER, Chromepet.
8.30AM- 9.00AM	PLENARY SESSION-II Promoting Mental Health and well-being in Children and Adolescents. Mrs.Tamilselvi, Professor, Paediatric Department, Sree Balaji College of Nursing, BIHER, Chromepet.
9.00AM- 10.00 AM	PLENARY SESSION-III Digital tools; Future proof care in Maternal and Child Health. Mrs.R. Arokia Sophi, Deputy Nursing Superintendent, Kanchi Kamakoti Child trust Hospital, Nungambakkam, Chennai.
10.00AM- 10.30AM	Inaugural Function: Prayer song, Lighting the kuthu vilakku, Welcome Address, Felicitation, Unfolding the theme
10.30AM- 11.00AM	Key Note Address Dr.S.Uma, IAS. Additional Secretary to GoTN (SPI Department)

11.00AM- 11.30AM	Tea Break
11.30AM 12.30PM	PLENARY SESSION-IV Integrating technology in maternity and child health services Dr.K.Balakumari, Chief Clinical Advisor & Head of Obstetrics & Gynaecology, A4 Hospitals & fertility Centre, Velachery, Chennai.
12.30PM- 01.30PM	PLENARY SESSION-V Multidisciplinary collaboration in maternal neonatal care. Ms. Cecilia Mary Susaimuthu, Asso.Professor, AIIMS, New Delhi.
01.30PM- 02.30PM	LUNCH
02.30PM 03.30PM	PLENARY SESSION-VI NICU Narrative; Innovation in premature and complex births. Dr. Velmurugan, Kannappan, MBBS.MD, Consultant Neonatologist & Pediatrician (Ped) Dr. Rela Institute and Medical Centre, Chennai.
03.30PM- 04.00PM	PLENARY SESSION-VII Innovations in Reproductive and maternal health care Dr.P.Priyadarshini, Professor OBG Department, Sree Balaji College of Nursing, BIHER, Chromepet.
04.00PM- 04.30PM	PLENARY SESSION-VIII Empowering families for early childhood development Mrs.Bindhiya, Professor, Paediatric Department, Sree Balaji College of Nursing, BIHER, Chromepet.
04.30PM- 05.00PM	Tea Break

DAY-2-29/11/2025

8.30 AM - 9.00 AM	PLENARY SESSION-I Equitable access to quality antenatal and postnatal services Mrs.R. Deepa, professor, OBG Department, Sree Balaji College of Nursing, BIHER, Chromepet.
9.00 AM - 10.00 AM	PLENARY SESSION-II Liquid gold 2.0; the real time recipe of breast milk. Dr.C. Ashika, MBBS, MD(Pediatrics), IBCLC, MIYCAN, Dhanvantri Hospital, Nanganallur, Chennai.
10.00AM- 11.00 AM	PLENARY SESSION-III Promoting adolescent reproductive health and awareness. Dr.Menaga,P.Professor,Vydehi Institute of Nursing Science and Research Centre, Whitefield Bangalore.
11.00AM- 11.30AM	Tea Break
11.30AM- 12. 30 PM	PLENARY SESSION-IV Nutrition and mental health; pillars of maternal well being Mrs. Anjani, Professor, Paediatric Department, Sree Balaji College of Nursing, BIHER, Chromepet.
12.30PM- 01. 30 PM	LUNCH
01.30AM- 02.30 PM	PLENARY SESSION-V Reducing maternal mortality through evidence-based practices. Mrs.M. Saranya, Professor, OBG Department, Sree Balaji College of Nursing, BIHER, Chromepet.
02.30PM- 03.30PM	PLENARY SESSION-VI Innovations in Child Health care for a healthier future. Mrs. Ariya Kurup, Professor, Paediatric Department, Sree Balaji College of Nursing,
03.30PM- 04.00PM	Valedictory Function

ABOUT THE CONFERENCE:

The conference on Advancing maternal and Child Health: Empowerment, innovation, and equity for a sustainable future' aims to bring together healthcare professionals, educators, policymakers, and researchers to discuss strategies that promote the well-being of mothers and children. It focuses on empowering women, introducing innovative health care practices, and ensuring equitable access to equity services. Through knowledge sharing collaboration, and evidence-based discussions, the conference seeks to strengthen maternal and child health system and contribute to achieving a sustainable and healthier future for all.

ABOUT US:

Sree Balaji College of Nursing established in 1992 with the moto of "Service to mankind is service to God". Our college offers Bachelor, Post-Basic and Post Graduate courses in Nursing under BIHER University recognized by Indian Nursing Council and Tamil Nadu Nurses and Midwives Council. Also, our college is accredited by NACC with 'A' Grade.

PATRONS

- ★ **Dr.S.JAGATHRAKSHAGAN, Chairman, BIHER**
- ★ **Dr.J.SRINISHA, M.D.S. Chairperson. Sree Balaji Group of Institution, BIHER, Chennai**
- ★ **Er.N.ELAMARAN,B.E, Managing Director. Sree Balaji Group of Institution, BIHER, Chennai**

THEME:

ADVANCING MATERNAL AND CHILD HEALTH: EMPOWERMENT, INNOVATION, AND EQUITY FOR A SUSTAINABLE FUTURE

OBJECTIVES:

1. To highlight evidence - based strategies for improving maternal and child health community centred approaches.
2. To promote women's empowerment.
3. To integrate sustainability principles into maternal & child health initiatives
4. To showcase innovate researches in MCH including digital health tools.

For More Information Contact

CONVENOR

Dr.V.Hemavathy,M.Sc(N),M.A.,M.Phil.Ph.D.,
Dean Cum Principal,
SBCN, BIHER,Chennai.

CO-CONVENOR

Dr. Vasantha Kohila K.R, HOD,
Department of Community Health
Nursing, SBCN, BIHER,
Chromepet, Chennai.

ORGANIZING SECRETARIES

Dr. R.Nimmi & Mrs.V.J.Binipaul.
HODs Department of OBG & CHN
SBCN, BIHER,



SREE BALAJI COLLEGE OF NURSING

**BHARATH INSTITUTE OF HIGHER
EDUCATION AND RESEARCH (BIHER)
(Deemed to be University)**

NATIONAL CONFERENCE ON

**ADVANCING MATERNAL AND CHILD
HEALTH: EMPOWERMENT, INNOVATION,
AND EQUITY FOR A SUSTAINABLE FUTURE**

28 & 29 NOVEMBER 2025

VENUE: T.R.RAMAN HALL
SREE BALAJI MEDICAL COLLEGE &
HOSPITAL

TIME: 8.00 AM – 5.00 PM

ORGANIZED BY

**SREE BALAJI COLLEGE OF NURSING
BIHER
No.7 CLC WORKS ROAD,CHROMEPET,
CHENNAI.TAMILNADU.INDIA**