SBCN NEWS LETTER

A Newsletter of
Sree Balaji College of Nursing
Bharath Institute of Higher Education and Research
Chromepet, Chennai, Tamilnadu, India

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CONTENT-International conference, National conferences, Workshops, CNE, Publications, Awards, Programs

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STUDENT ACADEMICENRICHMENT ACTIVITIES

LITTLE FEEDS, BIG IMPACT!

Building Knowledge for Safe and Effective Infant Formula Preparation

Date: 1 October 2026

Venue: Sree Balaji College of Nursing

Event: Educational Symposium



EVERY LITTLE DETAIL MATTERS WHEN IT COMES TO INFANT FEEDING!

The foundation of a baby's healthy beginning lies in proper nutrition, hygiene and attentive care. Recognizing the importance of safe infant feeding practices, Sree Balaji College of Nursing, under Bharath Institute of Higher Education and Research (BIHER), organized an educational symposium titled **"Little Feeds, Big Impact: Mastering Safe and Effective Infant Formula Preparation"** on 1 October 2026.

The programme aimed to enhance awareness among nursing students about the importance of correct formula preparation, hygienic handling and safe feeding practices. It also highlighted the vital role of nurses in educating parents and caregivers about infant nutrition.

SMALL STEPS, HEALTHY BEGINNINGS

The symposium focused on how careful preparation and appropriate handling of infant formula can contribute to safer feeding practices. Participants explored the importance of maintaining hygiene, using clean feeding equipment, measuring formula accurately and following the manufacturer's instructions and current health-authority guidance. The programme emphasized that even small errors in preparation and storage can create potential risks. Through this educational initiative, students were encouraged to develop a careful, responsible and evidence-informed approach to infant feeding.



Nursing students participating in the educational symposium on safe infant formula preparation.

THE SCIENCE BEHIND EVERY SAFE FEED

One of the key learning components of the symposium was the importance of following safe and hygienic procedures while preparing infant formula.

The important practices highlighted included:

• **Clean Hands, Safe Feeding:** Wash hands thoroughly and use clean feeding equipment before preparing a feed.

• **Measure with Care:** Use the correct measuring scoop and maintain the recommended powder-to-water proportions.

• **Follow Instructions:** Follow the manufacturer's directions and current health-authority guidance regarding preparation and water temperature.

• **Store Safely:** Handle and store prepared feeds appropriately, and discard leftover milk according to relevant guidance.

• **Prevent Avoidable Risks:** Avoid unsafe reheating and prolonged storage at room temperature.

These essential practices reinforced the importance of accuracy, hygiene and consistency in infant feeding.

👩‍⚕️ NURSES: GUIDING FAMILIES TOWARDS SAFER FEEDING

Beyond technical knowledge, the symposium highlighted the responsibility of nurses in supporting parents and caregivers.

Nurses play an important role in translating health information into practical guidance that families can follow at home. Using simple explanations, demonstrations and the teach-back method can help caregivers understand and correctly apply safe preparation techniques.

The session encouraged future nurses to approach infant-feeding education with patience, clarity and a commitment to safe, family-centred care.

📸 **MOMENT CAPTURED: Students listening attentively and engaging with the educational presentation.**

💡 KNOWLEDGE THAT MAKES A DIFFERENCE

The symposium offered nursing students an opportunity to strengthen their understanding of infant-feeding safety and the importance of caregiver education.

It also reinforced the connection between theoretical knowledge and practical nursing responsibilities. By recognizing common preparation errors and understanding preventive measures, students were encouraged to apply these principles in their future professional practice.



🌱 CONCLUSION: EVERY SMALL ACTION COUNTS!

The symposium, **"Little Feeds, Big Impact: Mastering Safe and Effective Infant Formula Preparation,"** served as a meaningful educational initiative at Sree Balaji College of Nursing.

By emphasizing hygiene, accurate preparation, safe handling and effective caregiver education, the programme reinforced the importance of evidence-informed infant-feeding practices.

For future nursing professionals, the message was clear: promoting infant health begins with knowledge, attention to detail and the ability to guide families towards safer care.

🍼 "LITTLE FEEDS. CAREFUL PREPARATION. HEALTHIER BEGINNINGS."

SEMINAR ON MENTAL HEALTH CARE TEAM

"Together for Better Mental Health"

Date: 06 October 2026

Venue: Sree Balaji College of Nursing Campus, Chrompet, Chennai

Organized by: Department of Psychiatric Nursing Sree Balaji College of Nursing | BIHER

Promoting Collaborative Mental Health Care

The Department of Psychiatric Nursing, Sree Balaji College of Nursing, organized an insightful seminar on "Mental Health Care Team" on 06 October 2026 at the college campus. The programme highlighted the importance of multidisciplinary and interprofessional collaboration in delivering comprehensive, person-centred mental health care.

The seminar emphasized that effective mental health care extends beyond medical treatment. It involves addressing the psychological, physical, social, cultural and functional needs of individuals through coordinated contributions from different healthcare professionals.

Understanding the Mental Health Care Team

The session introduced students to the composition and functions of a mental health care team, including the psychiatrist, psychiatric nurse, clinical psychologist, social worker, occupational therapist, pharmacist, medical specialists,



rehabilitation professionals and family/caregivers. Each member contributes specialized knowledge while working toward shared goals for the individual's recovery and well-being.

The seminar placed particular emphasis on clear communication, shared care planning, confidentiality, patient safety, dignity, informed participation and continuity of care. Students gained an understanding of how collaborative practice can improve the quality and coordination of mental health services.

🧑‍⚕️ Spotlight on the Mental Health Nurse

A major focus of the seminar was the central role of the mental health nurse. Students learned how psychiatric nurses establish therapeutic relationships, conduct nursing and risk assessments, provide therapeutic communication, administer and monitor prescribed medications, support activities of daily living, provide psycho education and coordinate care.

The session also highlighted the nurse's role as an advocate for patient rights, dignity and informed participation, as well as the importance of accurate documentation, discharge planning, referrals and follow-up care.

Case Scenario / Team Discussion

Students exploring the importance of interprofessional collaboration in mental health care.



Teamwork Makes Recovery Stronger

Through discussion of shared goals, clear professional roles, effective communication, mutual respect and joint care planning, students understood how different healthcare professionals can work together to create a coordinated care plan.

Interactive teaching methods including PowerPoint presentation, flow charts, case-scenario discussions, question-and-answer sessions and handouts made the seminar engaging and helped students connect theoretical concepts with clinical practice.

Key Learning Highlights

By the end of the seminar, participants were able to:

- Identify the major members of a mental health care team.
- Understand the responsibilities of different professionals.
- Recognize the important role of the mental health nurse in coordinated care.
- Appreciate effective communication and shared care planning.
- Apply team-based approaches to clinical situations.
- Understand the importance of patient-centred, family-inclusive and recovery-oriented care.



Faculty members and students marking the successful completion of the seminar.

Together for Better Mental Health

The seminar concluded with a strong message that effective mental health care is a team effort. By combining professional expertise, respectful communication and person-centred care, the mental health care team can promote safety, recovery, rehabilitation and continuity of care. The programme reinforced the importance of strengthening interprofessional collaboration in both nursing education and clinical practice.

"Different Professionals. One Team. One Goal – Better Mental Health."

DISCONNECT TO RECONNECT

A Role Play on Awareness of Mobile Phone Addiction

Date: 08 October 2026

Venue: B.Sc. Nursing Classroom

Organized by: Third-Year Nursing Students

WHEN THE SCREEN TAKES OVER, LIFE WAITS!

In today's digital world, mobile phones have become an essential part of everyday life. From communication and education to entertainment and social networking, smartphones keep us connected. But what happens when our connection to the screen becomes stronger than our connection to the world around us?

Addressing this important concern, the third-year nursing students of Sree Balaji College of Nursing conducted an informative and engaging **role play on awareness of mobile phone addiction on 08 October 2026**. The programme aimed to create awareness among students about the harmful effects of excessive mobile phone usage and the importance of maintaining a healthy balance between technology and daily life.

LEARNING THROUGH ACTING

The role play presented familiar situations associated with excessive mobile phone usage, highlighting its possible effects on physical health, mental well-being, academic performance, sleep patterns and social relationships.

Through realistic situations and interactive performances, the students demonstrated how excessive screen time can interfere with studies, reduce concentration and limit meaningful interactions with family and friends.

The presentation encouraged students to reflect on their own mobile phone habits and understand the importance of using technology responsibly.



Third-year nursing students presenting the role play to their classmates.

📚 BEYOND THE SCREEN: THE MESSAGE THAT MATTERS

The activity emphasized several important messages:

Protect your health: Avoid excessive screen time and maintain healthy daily routines.

Prioritize your studies: Stay focused on academic activities without unnecessary digital distractions.

Reconnect with people: Spend quality time with family and friends.

Choose an active lifestyle: Make time for physical activities and hobbies.

Use technology wisely: Practise responsible mobile phone usage and set healthy screen-time limits.

The session highlighted that mobile phones are valuable tools when used appropriately, but excessive dependence can affect the balance between education, health and social life.

💡 A CLASSROOM EXPERIENCE WITH A REAL-LIFE LESSON

The role play transformed an important health topic into an engaging learning experience. By observing and participating in the activity, students had an opportunity to understand the consequences of mobile phone addiction in a relatable way.

The initiative also reflected the role of nursing students in promoting health awareness, encouraging positive lifestyle changes and sharing important health messages with their peers.



Students demonstrating situations related to excessive mobile phone usage and its impact on everyday life.

🌿 THE DIGITAL BALANCE CHALLENGE

The programme delivered a simple yet powerful message: technology should support our lives, not control them.

Students were encouraged to reduce unnecessary screen time, remain attentive to their academic responsibilities, engage in physical activities and strengthen their relationships with the people around them.

Even small changes, such as putting away the phone while studying, avoiding unnecessary usage before bedtime and spending more time in face-to-face conversations, can help develop healthier digital habits.

💜 CONCLUSION: LOOK UP, LOG OFF AND LIVE MORE!

The role play on awareness of mobile phone addiction was an informative and engaging educational activity conducted by the third-year nursing students of Sree Balaji College of Nursing.

Through their performance, the students highlighted the importance of responsible mobile phone usage and encouraged their classmates to maintain a healthy balance between technology, education, physical health and social relationships.

The programme served as a reminder that while technology connects us digitally, meaningful relationships, healthy habits and real-world experiences make life truly fulfilling.

✨ “DON'T LET YOUR PHONE CONTROL YOUR LIFE. TAKE CONTROL OF YOUR SCREEN TIME!”

STOP THE SPREAD!

Know the Route. Break the Chain. Protect the Community.

Community Health Exhibition 2026

Department of Community Health / Community Nursing

9 October 2026

ONE EXHIBITION. FIVE ROUTES. ONE POWERFUL MESSAGE.

How does an infection travel?

Through water 💧, blood □, air 🌬□, vectors □ or food 🍽️—communicable diseases can spread through different routes, but every route offers an opportunity for prevention.

With this message at its heart, the Department of Community Health / Community Nursing conducted an educational exhibition on "Modes of Transmission of Communicable Diseases" on 9 October 2026.

The exhibition transformed health education into an engaging visual learning experience, where students became health communicators and visitors explored the different ways infectious diseases can spread and, more importantly, how they can be prevented.

THE FIVE ROUTES OF TRANSMISSION

💧 01 | WATER-BORNE

"Safe Water = Healthy Community"

The exhibition highlighted how contaminated water can become a pathway for infections such as cholera, typhoid fever, hepatitis A and acute gastroenteritis.

Students emphasized simple but powerful preventive practices—using safe drinking water, maintaining sanitation, storing water hygienically and practising proper handwashing.

💡 Prevention Highlight:

Clean water + clean hands + clean surroundings = stronger protection.

02 | BLOOD-BORNE

“Handle Blood with Care”

The blood-borne disease display focused on infections such as Hepatitis B, Hepatitis C and HIV infection and explained how exposure to infected blood can result in transmission.

The students highlighted the importance of sterile equipment, safe injections, screened blood, sharps safety and Hepatitis B vaccination.

Remember:

Never share needles, syringes, razors or other items that may be contaminated with blood.



Students and faculty viewing the blood-borne disease awareness displays.

03 | AIR-BORNE

“The Air We Share Matters”

The air-borne disease section explored how infectious particles can spread through the air and respiratory pathways. Diseases highlighted included



tuberculosis, measles, influenza, COVID-19 and chickenpox.

Through visual presentations, students demonstrated the importance of ventilation, respiratory hygiene, hand hygiene and recommended vaccination in reducing the risk of respiratory infections.

Prevention Highlight:

Fresh air. Respiratory hygiene. Healthy habits.

An interactive display explaining the transmission and prevention of air-borne diseases.

04 | VECTOR-BORNE



"Don't Give Mosquitoes a Chance!"

The exhibition brought attention to diseases transmitted by living vectors, particularly mosquitoes. Students presented information on dengue, malaria, chikungunya and lymphatic filariasis.

The message was clear: vector control begins with our surroundings.

Removing stagnant water, using mosquito nets and screens, practising appropriate mosquito-bite prevention and participating in community clean-up activities can help reduce vector-related risks.

Action Point:

Empty. Scrub. Cover. Dispose. Repeat!

Students explaining mosquito-borne disease prevention and environmental control measures.



05 | FOOD-BORNE

"What's on Your Plate Matters!"

Food can nourish us—but unsafe food handling can also make us ill. The exhibition explained how contamination can occur during food production, preparation, storage and handling.

Students highlighted diseases such as salmonellosis, staphylococcal food poisoning, norovirus gastroenteritis and botulism, along with essential food-safety practices.

ROUTE	REMEMBER THIS!
Water	Drink safe water & maintain sanitation
Blood	Use sterile equipment & never share needles
Air	Improve ventilation & practise respiratory hygiene
Vector	Prevent bites & eliminate breeding sites
Food	Keep food clean, separate, cook & store safely

The Golden Rules:

Clean hands • Separate raw & cooked • Cook thoroughly • Store safely

Visitors exploring the food-borne disease awareness display.

THE "5 ROUTES – 5 ACTIONS" CHALLENGE

FROM CLASSROOM LEARNING TO COMMUNITY AWARENESS

The exhibition provided students with an opportunity to transform classroom knowledge into public health communication. Through charts, posters, visual materials and direct interaction with visitors, students explained not only how

diseases spread, but also what individuals and communities can do to interrupt transmission.

This approach made the exhibition a meaningful learning experience while reinforcing the role of nursing students as health educators and community advocates.

💬 TAKE-HOME MESSAGE

“Know How It Spreads. Know How to Stop It.”

The exhibition concluded with a simple but powerful public-health message: prevention begins with awareness.

Safe water and sanitation, responsible blood and sharps handling, respiratory hygiene, vector control and safe food practices are everyday actions that can help protect individuals, families and communities.

Through this initiative, the Community Health Department demonstrated that health education is not just about knowing—it is about sharing knowledge and turning it into action.

✸ STUDENT VOICE | OUR MESSAGE TO THE COMMUNITY

> “One person informed can influence a family. One family aware can strengthen a community.

Know the Route.
Break the Chain.
Protect the Community

"The Nerve to Know: Where Neuroanatomy Meets Nursing."

Exploring the Twelve Cranial Nerves through Panel Discussion

Date: 09 October 2026

Participants: B.Sc. Nursing V Semester Students

Venue: Sree Balaji College of Nursing

EXPLORING THE NETWORK BEHIND HUMAN FUNCTION

The human nervous system is a remarkable network that controls sensory perception, movement and many essential bodily functions. Understanding this complex system is an important part of nursing education, particularly in neurological assessment and patient care.

With this objective, the B.Sc. Nursing V Semester students of Sree Balaji College of Nursing conducted a panel discussion on "Cranial Nerves" on 9 October 2026. The programme provided an interactive platform for students to explore the twelve pairs of cranial nerves, their functions and their clinical significance.

Through the exchange of ideas and academic discussion, the session encouraged students to strengthen their subject knowledge and understand the relevance of neuroanatomy in nursing practice.



Students participating in the panel discussion on cranial nerves.

KNOWLEDGE SHARED, CONFIDENCE BUILT

The panel discussion focused on the anatomical locations, functions and clinical importance of the twelve pairs of cranial nerves. Students explored how these nerves contribute to various sensory and motor functions and why understanding them is essential for neurological assessment.

The interactive format encouraged active participation, clear communication and critical thinking. It also provided students with an opportunity to share their knowledge, exchange perspectives and develop greater confidence in presenting academic concepts.

The session demonstrated how collaborative learning can make complex topics more engaging and meaningful.

🔍 THE LEARNING SPOTLIGHT

Key takeaways from the discussion:

Neuroanatomy: Understanding the twelve pairs of cranial nerves and their functions.

Clinical Significance: Recognizing the importance of cranial nerves in neurological assessment.

Assessment Awareness: Understanding the relevance of identifying abnormal findings.

Communication: Developing confidence in explaining scientific concepts.

Collaborative Learning: Encouraging teamwork, participation and knowledge sharing.

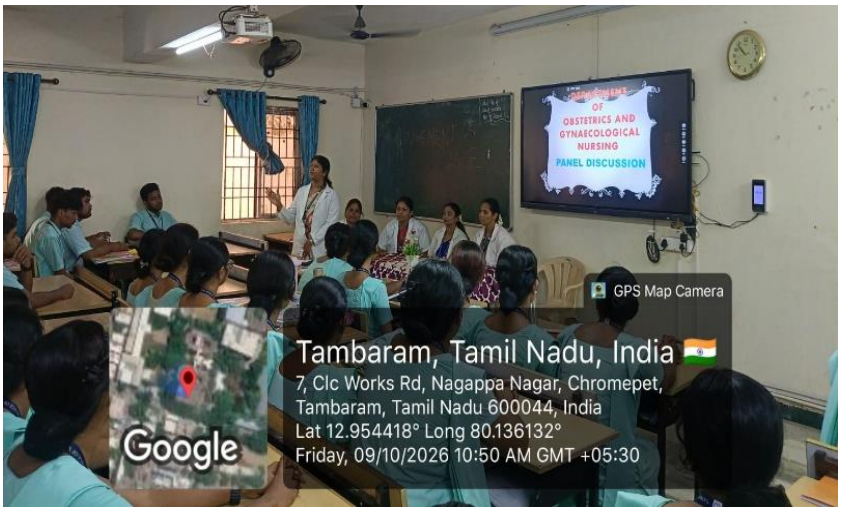
📸 PHOTO HIGHLIGHT: Students exchanging ideas and discussing important concepts during the session.

FROM CLASSROOM TO CLINICAL PRACTICE

A strong foundation in cranial nerve anatomy helps nursing students understand the principles of neurological examination. This knowledge contributes to their ability to recognize the importance of abnormal findings and appreciate the role of neurological assessment in patient care.

The programme connected theoretical learning with practical nursing responsibilities, reinforcing the importance of observation, critical thinking and continuous professional development.

For the students, the discussion was an opportunity not only to learn about the nervous system but also to strengthen skills that will support them throughout their nursing careers.



A glimpse of the academic session, highlighting interactive learning and student participation.

❤ THE TAKE-HOME MESSAGE

The panel discussion on cranial nerves was a valuable educational experience for the B.Sc. Nursing V Semester students of Sree Balaji College of Nursing. It strengthened their understanding of neuroanatomy, encouraged academic interaction and highlighted the clinical relevance of cranial nerve assessment.

The programme reflected the importance of interactive teaching methods in developing knowledgeable, confident and competent future nursing professionals.

KNOWLEDGE BUILDS CONFIDENCE.
CONFIDENCE STRENGTHENS ASSESSMENT.
ASSESSMENT SUPPORTS BETTER NURSING CARE

EXPLORING RESEARCH, ENHANCING PATIENT CARE

Educational Visit to ICMR–National Institute for Research in Tuberculosis

A MEANINGFUL ACADEMIC EXPERIENCE



Sree Balaji College of Nursing organized an educational visit to the **ICMR–National Institute for Research in Tuberculosis (NIRT), Chennai, on 23 October 2026**. The visit offered nursing students an opportunity to connect classroom learning with the realities of tuberculosis care, public health services and research-led practice.

The programme included an institutional orientation, informative PowerPoint sessions and guided exposure to the outpatient department (OPD), treatment room and Directly Observed Treatment, Short-course (DOTS) room.

Together, these activities highlighted the continuum of care from patient assessment and education to treatment support and follow-up.

INSIDE THE LEARNING EXPERIENCE

Orientation • Scientific sessions • Clinical exposure





Interactive classroom sessions on tuberculosis prevention and classification.

ORIENTATION AND KNOWLEDGE SESSIONS

The visit began with an **ICMR–NIRT orientation** that introduced students to the institute's focus on tuberculosis research and its contribution to evidence-based disease control. This helped participants understand why scientific inquiry, clinical services and community-based approaches must work together.

Through **PowerPoint-based teaching sessions**, students explored key concepts in tuberculosis, including disease classification, sites of infection and prevention strategies. The sessions reinforced the importance of recognizing symptoms, promoting timely assessment and communicating accurate information to patients and families.

FROM THEORY TO PRACTICE

The **OPD visit** offered a perspective on the patient journey, including the importance of assessment, counselling and continuity of care. Exposure to the **treatment room** highlighted the nursing responsibilities associated with safe, respectful and organized patient care.

During the **DOTS room visit**, attention was directed toward treatment adherence, patient support and the value of regular follow-up. These experiences emphasized the nurse's role in building trust, addressing concerns and encouraging completion of prescribed therapy.

LEARNING BEYOND THE CLASSROOM

Experiences that shape future nursing professionals



Clinical discussion and a glimpse of the institute's research legacy.





Educational sessions and group participation during the institute visit.

REFLECTIONS AND OUTCOMES

The educational visit encouraged students to view tuberculosis management as more than a clinical intervention. Effective care also depends on infection prevention, patient-centred communication, medication adherence and collaboration across healthcare services.

The experience fostered curiosity about research, strengthened public health awareness and reinforced the importance of compassionate care.

MOMENTS FROM THE VISIT

Shared learning. Lasting memories.





THE VISIT IN FOCUS
Knowledge through interaction.
Perspective through observation.
Growth through shared learning.

5 DAYS • 4 SKILL STATIONS • 1 LIFE-SAVING MISSION

IMPETUS – Competency Based Training in Midwifery SBA

Building Confidence for Safe Birth, One Skill at a Time

26–30 October 2026 | 9:00 AM–4:00 PM

Auditorium, Sree Balaji College of Nursing

97 Fourth-Year B.Sc. Nursing Students

FROM KNOWLEDGE TO SKILL. FROM SKILL TO CONFIDENCE.

The IMPETUS Competency Based Training (CBT) Programme in Midwifery – Skilled Birth Attendant (SBA) Normal Childbirth Skills was conducted for the fourth-year B.Sc. Nursing students of Sree Balaji College of Nursing from 26 to 30 October 2026.

Designed around an 80% skill-training and 20% theory approach, the five-day programme provided students with focused learning experiences in safe delivery practices, infection prevention, maternal care, newborn care and recognition of complications during childbirth. Training was conducted across four skill stations under the guidance of seven expert instructors in obstetric and gynaecological nursing.

THE 5-DAY SKILL JOURNEY

DAY 01 | SAFE DELIVERY

Understanding stages of labour, skilled birth attendance, antenatal care, institutional delivery and timely referral.

DAY 02 | INFECTION PREVENTION

Hands-on learning in hand hygiene, PPE, aseptic techniques, sterilization and preparation of a clean delivery area.

DAY 03 | SAFE CONDUCT OF DELIVERY

Students practised labour monitoring, maternal and fetal assessment, delivery preparation and respectful maternity care.

DAY 04 | 👶 NEWBORN CARE

Focus on immediate newborn care, warmth, skin-to-skin contact, breathing assessment, early breastfeeding and recognition of danger signs.

DAY 05 | 🎯 DEMONSTRATE • PRACTISE • EVALUATE

Revision, demonstrations, discussions and question-and-answer sessions brought the five-day learning journey to completion.

SKILLS THAT MATTER

Students were trained in essential skills including partograph recording, conduction of normal labour, active management of the third stage of labour, placental examination, examination of the cervix, vagina and perineum, immediate newborn care and neonatal resuscitation.

❤ THE IMPETUS DIFFERENCE

The programme strengthened students' understanding that safe maternity care is not only about clinical competence—it is also about respect, dignity, teamwork, infection prevention and timely recognition of danger signs.

By the end of the training, students were equipped to better understand safe delivery practices, essential newborn care and the responsibilities of nurses in promoting safe motherhood and healthy newborn outcomes.

📸 PHOTO HIGHLIGHTS | LEARNING IN ACTION



SKILL STATION IN ACTION

Students developing practical competencies under expert guidance.



👶 NEWBORN CARE PRACTICE

Hands-on learning focused on essential immediate newborn care.



SAFE & STERILE

Demonstration of infection-prevention practices during childbirth.

LEARNING TOGETHER

Students actively participating in demonstrations and discussions.





97 STUDENTS • ONE SHARED MISSION

The five-day training bringing theory and clinical skills together.

THE TAKEAWAY

"Skilled Hands. Confident Minds. Safer Births."

The five-day IMPETUS training was a valuable learning experience that enhanced students' awareness of maternal and newborn safety, infection prevention, emergency recognition and professional responsibility during childbirth.

Because every safe birth begins with a skilled, prepared and compassionate healthcare professional.

FACULTIES IN FOCUS

DESIGN PATENT ACHIEVEMENT – 2026

INNOVATION SPOTLIGHT

FEATURED DESIGN PATENT:

NURSING CARE EQUIPMENT ORGANIZER

A smart and efficient storage solution designed to keep nursing and medical care materials well-organized, accessible and safe.



- SAFE & SECURE STORAGE
- MULTI-DRAWER ORGANIZATION
- EASY TO MOVE WITH WHEELS
- DURABLE & LONG LASTING



INVENTOR: MRS. DHANYA K VIJAYA
Associate Professor
Sree Balaji College of Nursing

ABOUT THE DEVICE: NURSING CARE EQUIPMENT ORGANIZER

A multi-drawer storage unit designed specifically for nursing and medical care materials. It helps in systematic arrangement, quick access and safe keeping of essential supplies during patient care.

NOVELTY: Provides a compact, mobile and organized system for storing nursing care equipment, reducing time and effort in emergency and routine care.

PATENT DETAILS

APPLICANT NAME:
Mrs. Dhanya K Vijaya

APPLICATION NUMBER:
509730-001

FILING DATE:
17-07-2026 12:17:53

CLASS:
24-04-MATERIALS FOR DRESSING WOUNDS, NURSING AND MEDICAL CARE

JOURNAL NUMBER:
41/2026

JOURNAL DATE:
09-10-2026 00:00:00

APPLICANT ADDRESS:
No. 7, CLC Works Road, Chromepet, Chennai, 600044.

ABOUT THE DEVICE:
Nursing Care Equipment Organizer

KEY HIGHLIGHTS

EFFICIENT STORAGE
Keeps all nursing materials neatly arranged.

IMPROVES SAFETY
Reduces clutter and prevents loss of items.

MOBILE DESIGN
Easy to move with smooth wheels.

DURABLE & PRACTICAL
Built for long-term use in healthcare settings.

"Innovation in healthcare is not just about creating ideas, but about creating better possibilities for care."

CONGRATULATIONS!
Sree Balaji College of Nursing proudly congratulates
Mrs. Dhanya K Vijaya
on this remarkable patent achievement!

INTELLECTUAL PROPERTY INDIA

ORIGINAL
क्रम सं/ Serial No. 256940

पेटेंट कार्यालय, भारत सरकार The Patent Office, Government Of India

डिजाइन के पंजीकरण का प्रमाण पत्र | Certificate of Registration of Design

डिजाइन सं. / Design No.	:	509730-001
तारीख / Date	:	17/07/2026
पारस्परिकता तारीख / Reciprocity Date*	:	
देश / Country	:	

प्रमाणित किया जाता है कि संलग्न प्रति में वर्णित डिजाइन जो *NURSING CARE EQUIPMENT ORGANIZER* से संबंधित है, का पंजीकरण, श्रेणी 24-04 में 1.Sree Balaji College of Nursing 2. Mrs. Dhanya K Vijaya के नाम में उपर्युक्त संख्या और तारीख में कर लिया गया है।

Certified that the design of which a copy is annexed hereto has been registered as of the number and date given above in class 24-04 in respect of the application of such design to *NURSING CARE EQUIPMENT ORGANIZER* in the name of 1.Sree Balaji College of Nursing 2. Mrs. Dhanya K Vijaya.

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In pursuance of and subject to the provisions of the Designs Act, 2000 and the Designs Rules, 2001.

जारी करने की तिथि
Date of Issue : 07/10/2026

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FACULTY DEVELOPMENT INITIATIVE

Faculty Participation in NPTEL Courses

Promoting Continuous Learning and Academic Excellence

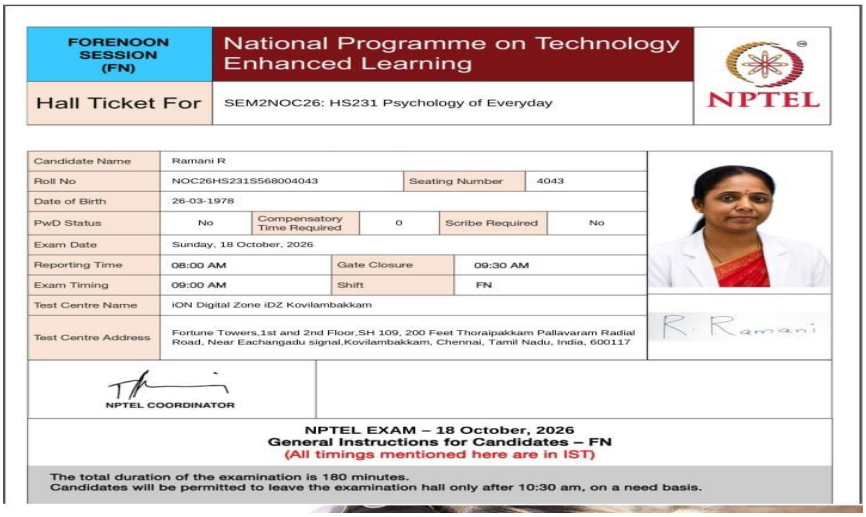
Faculty members of Sree Balaji College of Nursing successfully enrolled in and completed various NPTEL (National Programme on Technology Enhanced Learning) courses as part of their commitment to continuous professional development and lifelong learning.

The NPTEL courses provided an excellent platform for faculty to enhance their subject knowledge, pedagogical skills, research aptitude, and use of technology in higher education. Through online lectures, assignments, discussions, and assessments conducted by eminent faculty from premier institutions, participants gained valuable insights into current trends and best practices in teaching and learning.

The knowledge acquired through these courses will strengthen classroom instruction, promote innovative teaching methodologies, encourage evidence-based practice, and contribute to improving the quality of nursing education. Faculty participation in NPTEL reflects the institution's dedication to academic excellence, skill enhancement, and the professional growth of its educators.

Programme Highlights

- Successful completion of NPTEL online certification courses.
- Enhancement of subject expertise and teaching competencies.
- Exposure to technology-enabled and self-paced learning.
- Strengthening research knowledge and evidence-based teaching.
- Commitment to continuous professional development and quality education.



FORENOON SESSION (FN)

National Programme on Technology Enhanced Learning

NPTEL

Hall Ticket For: SEM2NOC26: HS231 Psychology of Everyday

Candidate Name	Ramani R				
Roll No	NOC26HS231S568004043	Seating Number	4043		
Date of Birth	26-03-1978				
PwD Status	No	Compensatory Time Required	0	Scribe Required	No
Exam Date	Sunday, 18 October, 2026				
Reporting Time	08:00 AM	Gate Closure	09:30 AM		
Exam Timing	09:00 AM	Shift	FN		
Test Centre Name	iON Digital Zone iDZ Kovilambakkam				
Test Centre Address	Fortune Towers,1st and 2nd Floor,SH 109, 200 Feet Thoraipakkam Pallavaram Radial Road, Near Eachangadu signal,Kovilambakkam, Chennai, Tamil Nadu, India, 600117				

R. Ramani

NPTEL COORDINATOR

NPTEL EXAM – 18 October, 2026
General Instructions for Candidates – FN
(All timings mentioned here are in IST)

The total duration of the examination is 180 minutes.
Candidates will be permitted to leave the examination hall only after 10:30 am, on a need basis.

DETAILS OF OCTOBER MONTH PUBLISHED PAPERS

2026

SI NO	NAME OF THE STAFF	TOPIC	LINK of published journals
1.	DR.V.HEMAVATHY	A Cloud-IoT Integrated Framework for Real-Time Patient Monitoring and Telemedicine Services	https://ieeexplore.ieee.org/document/11736727/
2.	DR AJITHA NANCYRANI.R	IoT-Enabled Continuous Monitoring of Alzheimer's Patient Behavior Patterns	https://ieeexplore.ieee.org/document/11736819
3.	DR.AJITHA KUMARI.G	A Hybrid Blockchain–Edge Computing Model for Secure Ophthalmology Patient Data Management	https://ieeexplore.ieee.org/document/11736531/
4.	MUTHAMMAL GURUMOORTHY	An Efficient Hair Health Prediction Model Based on Random Forest Algorithm	https://ieeexplore.ieee.org/document/11736647/
5.	SWATHI M	AI-Assisted Smart Walker for Elderly Mobility Enhancement and Safety Monitoring	https://ieeexplore.ieee.org/document/11736570/
6.	ASHA CHRISTINA	An Interpretable XG Boost Framework for Dengue Fever Prediction Using Clinical Data	https://ieeexplore.ieee.org/document/11736621/
7.	JULI GNANASEKARAN	Blockchain and IoT Framework for Secure Epilepsy Medication and Treatment Management	https://ieeexplore.ieee.org/document/11736398/
8.	MRS. BENCY ABRAHAM	Cloud-Integrated IoT Platform for Early Warning of Critical Patient Health Conditions	https://ieeexplore.ieee.org/document/11736861

9.	MRS.DHATCHAYANI.M	Edge Computing with IoT Sensors for Early Detection of Patient Fall Events	https://ieeexplore.ieee.org/document/11736658
10.	MS. ISABEL MONIKA.	Cloud-Integrated IoT Framework for Intelligent Patient Ambulation and Recovery Analysis	https://ieeexplore.ieee.org/document/11736470
11.	MRS.V YASODHA	IoT-Cloud Integrated Tele-Rehabilitation System for Real-Time Musculoskeletal Monitoring	https://ieeexplore.ieee.org/document/11736427/
12.	K S VIJAYALAKSHMI	A Scalable IoT and Cloud Framework for Real-Time Behavioral Analysis of Mental Health Patients	https://ieeexplore.ieee.org/document/11736440/
13.	V TAMIZH KODI	Artificial Neural Network Approach to Predict Patient Outcomes Using Healthcare Resource Data	https://ieeexplore.ieee.org/document/11736423/
14.	JEGATHA C	Predicting Patient Health Status Using KNN with Edge-Based IoT Sensor Analytics	https://ieeexplore.ieee.org/document/11736793/
15.	S.UMA MAHESWARI	ResNet-50 Architecture for Automated Kidney Stone Detection in KUB X-ray Images	https://ieeexplore.ieee.org/document/11736811/
16.	B.DHANALAKSHMI	Blockchain-Secured IoT Wearable System for Remote Narcolepsy Monitoring and Sleep Disorder Support	https://ieeexplore.ieee.org/document/11736474/

LEADING THE NEXT GENERATION

Empowering Nursing Leaders for a New Era of Education

PROGRAMME: Nursing Administrator Development Programme

ORGANISED BY: Trained Nurses' Association of India (TNAI), Tamil Nadu State Branch, Chennai

DATE: 10 October 2026

THEME: "Leading the Next Generation: Understanding, Engaging and Empowering Gen Z Nursing Students"



BUILDING LEADERSHIP FOR TOMORROW

The Trained Nurses' Association of India (TNAI), Tamil Nadu State Branch, Chennai, organised the Nursing Administrator Development Programme on 10 October 2026. The programme brought attention to the changing needs of nursing education and the importance of preparing administrators to guide and support Generation Z students.



Designed for principals, vice-principals and heads of departments, the

programme aimed to strengthen leadership, communication, student engagement and administrative skills. It highlighted the need to understand the mindset, behaviour and learning preferences of today's nursing students.

INSIGHTS FROM EXPERTS

The programme featured Dr. R. Shankar Shanmugam, RN, PhD, DSc, MBA, BGL, CCHQ, as the Chief Guest. The academic sessions explored several important aspects of nursing education, including understanding Gen Z learners, developing positive student relationships and managing student crises constructively.

Mr. V. Moses Selvakumar discussed the mindset, behaviour and learning needs of Gen Z students. Dr. S. Kanchana and Dr. Rathiga focused on communication and healthy relationship-building through the session, "Connect Before You Correct."

Mr. Mohitheen Batcha addressed crisis management and approaches to resolving student challenges. The sessions encouraged nursing administrators to respond with understanding, patience and professionalism.

FROM CHALLENGES TO OPPORTUNITIES

The afternoon sessions focused on empowering Gen Z students and preparing institutions for effective leadership. Dr. R. Sudha and Mr. Kannan Kasinathan explored ways to transform student challenges into opportunities for growth and engagement.

Advocate Ms. Vidya Alaguperumal addressed student safety, crisis management and the legal responsibilities of educational institutions. Dr. T. R. Udayakumar and Dr. Annie Raja discussed strategies for preparing nursing institutions to meet the expectations of contemporary learners.

Together, the sessions highlighted the importance of creating a safe, supportive and student-centred learning environment.



TRAINED NURSES' ASSOCIATION OF INDIA
TAMIL NADU STATE BRANCH, CHENNAI

Continuing Nursing Education Program

Theme: *Leading the Next Generation:*
Understanding, Engaging and Empowering Gen Z Nursing Students

CERTIFICATE

This is to certify that Ms./Mr./Mrs./Prof./Dr. V. PRATHIPA
has been an Organizer / Delegate / Moderator / Resource Person in the
Nursing Administrator Development Programme
organized by the **Trained Nurses Association of India, Tamil Nadu State Branch, Chennai**
on 10th October 2026.

Credit Hours Awarded by Tamil Nadu Nurses and Midwives Council - 6

Dr. T.R. Udaya Kumar, PRESIDENT, TNAI – TN State Branch
Dr. R. Sudha, SECRETARY, TNAI – TN State Branch
Dr. V. Hemavathy, JOINT SECRETARY, TNAI – TN State Branch

KEY TAKEAWAYS FOR NURSING EDUCATION

The programme reinforced a simple but powerful message: effective leadership begins with understanding people. Respectful communication, healthy professional relationships, timely crisis response and awareness of student safety are essential for guiding the next generation of nurses.

The programme indicated six Continuing Nursing Education (CNE) credit hours. It concluded with valediction and feedback, followed by tea.

SHAPING THE FUTURE OF NURSING

The Nursing Administrator Development Programme provided a valuable opportunity to reflect on modern leadership practices in nursing education. By focusing on understanding, engaging and empowering Gen Z students, it encouraged nursing leaders to build institutions where students feel supported, respected and prepared for professional responsibilities.

"UNDERSTAND THE LEARNER. INSPIRE THE LEADER. EMPOWER THE FUTURE."

Seminar on Natural Birthing Process

Date: 14th October 2026 | Venue: Institute of Advanced Nursing Science & Research, MMC, and Chennai



Faculty members Dr. Vasantha Kohila K. R. and Dr. Nimmi of Sree Balaji College of Nursing participated in a seminar on **"Natural Birthing Process"** held on 14th October 2026 at the Institute of Advanced Nursing Science & Research, MMC, Chennai.

The programme featured Dr. M. Prakasamma, President, Society of Midwives of India (SOMI), as the Chief Guest. Dr. Shanker Shunmugam, Dean of MMC and Registrar of the Tamil Nadu Nurses and Midwives Council, along with Dr. Susheela, Principal, Billroth College of Nursing, graced the occasion.

The seminar emphasized the significance of promoting normal vaginal delivery through physiological labour with minimal medical intervention whenever clinically appropriate and safe. The sessions highlighted essential aspects of maternal care, including antenatal education, childbirth preparation, early skin-to-skin contact and timely initiation of breastfeeding.



The programme provided valuable insights into evidence-informed maternity care and reinforced the importance of respecting the individual needs, dignity and preferences of every mother while ensuring the safety of both mother and baby.

The participation enriched the faculty members' professional knowledge and strengthened their understanding of positive childbirth practices, contributing to quality maternal and newborn nursing care.

CAMPUS CHRONICLES

⊘ SAY NO TO DRUGS. SAY YES TO LIFE.

An Awareness Initiative for a Safer & Healthier Generation

09 October 2026 | 3.00 PM – 5.00 PM

Convention Centre Auditorium, B.S. Abdur Rahman Crescent Institute of Science and Technology, Vandalur, Chennai

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✸ AWARENESS TODAY. A HEALTHIER TOMORROW.



Students and Staffs of **Sree Balaji College of Nursing** participated in an impactful **Interaction Meeting on Drug Abuse Prevention with Higher Education Institutions**, organized by **Tambaram City Police** in association with the **National Service Scheme (NSS)** of B.S. Abdur Rahman Crescent Institute of Science and Technology.

Inspiring Interaction: *Police officials addressing students on drug abuse prevention.*

The programme brought together students and police officials to create awareness about the **harmful effects of drug abuse, prevention of substance misuse and the importance of making safe and responsible choices**.

THE MESSAGE WAS CLEAR: CHOOSE HEALTH. CHOOSE YOUR FUTURE.

Senior police officials, including **Commissioner of Police Prem Anand, Joint Commissioner of Police Jayanthi, IPS, Deputy Commissioner of Police Karthikeyan, IPS, and Pallikaranai Deputy Commissioner of Police Sakthi**, addressed the gathering.

The interaction encouraged students to remain alert to the risks associated with substance use, resist negative influences and contribute to creating awareness among their friends, families and communities.

🎥 A VIDEO THAT SPOKE WITHOUT WORDS

One of the most memorable moments was the screening of an **inspiring awareness video**. The presentation communicated the seriousness of drug abuse in a way that was relatable and thought-provoking for students.

It reinforced an important message:

"Protect your health. Protect your future. Protect your relationships."

❤️ FROM AWARENESS TO ACTION

For nursing students, the programme offered more than information—it strengthened their understanding of the importance of **health education, prevention, compassionate support and timely guidance**.

Students reflected on how substance abuse can affect not only individuals, but also **families, educational institutions and society**. They were encouraged to share reliable information, discourage peer pressure and promote a safe and supportive environment.



📸 **Together for a Drug-Free Future**

Students and programme participants at the event.

🌱 ONE CHOICE CAN CHANGE A LIFE

The programme concluded with a powerful reminder that **prevention begins with awareness and responsible choices**. The interaction inspired students to stay informed, stand strong against substance misuse and become responsible ambassadors of health and well-being within their college and community.

🚫 DRUG-FREE MIND • HEALTHY BODY • BRIGHT FUTURE

"Be informed. Be responsible. Be the change."

Real Voices. Real Stories. Shared Humanity.

WORLD MENTAL HEALTH DAY 2026

Date: 10 October 2026

Venue: Raman Hall, Chromepet, Chennai

Organized by: Department of Psychiatry, Sree Balaji College of Nursing

Participants: Department of Mental Health (Psychiatric) Nursing and III Year B.Sc. Nursing Students

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WHEN WE LISTEN, WE BEGIN TO UNDERSTAND

Mental health is not just about diagnoses, symptoms or treatment. It is also about people, their experiences, their struggles and their journeys towards recovery.

Observing World Mental Health Day on 10 October 2026, the Department of Mental Health (Psychiatric) Nursing and III Year B.Sc. Nursing students of Sree Balaji College of Nursing participated in a programme organized by the Department of Psychiatry, Sree Balaji Medical College and Hospital.



The celebration highlighted the importance of listening to individuals with lived experience of mental health conditions and recognizing their voices as an essential part of mental healthcare.

THEME 2026: "Lived Experiences Heard: Real Voices, Real Change."

The programme featured insights from **Dr. Madhavan Seshadri, MRC Psych, CCT (U.K.), FRANZCP, Consultant Psychiatrist and Senior Lecturer at the University of Western Australia.**



The central message of the celebration was that people who have experienced mental health challenges possess valuable knowledge about their own needs, recovery and care.

Listening to their experiences can help healthcare professionals understand the realities behind a diagnosis. More importantly, meaningful participation allows individuals to contribute to decisions about the services and support that affect their lives.

The programme encouraged a shift from simply speaking about people with mental health conditions to actively listening to them, respecting their perspectives and including them in conversations about their care.

🕮 HUMAN BOOK CHENNAI: WHERE PEOPLE BECOME THE STORIES

One of the distinctive initiatives featured in the report was **Human Book Chennai**, an initiative designed to promote empathy, understanding and awareness through real-life conversations.

Its guiding message, **“People Are More Than Their Labels,”** reminds us that no individual should be defined solely by a diagnosis, profession, personal struggle or social identity.

In this initiative, individuals become “Human Books,” sharing their personal experiences while others listen and learn without judgment. These conversations create opportunities to challenge assumptions, reduce stigma and discover the person behind the label.

The topics included ADHD, autism, smoking cessation, opioid addiction, gambling addiction, grief and recovery, caregiving for people with dementia, and the experiences of a psychiatrist.



Each conversation offered an opportunity to look beyond stereotypes and develop a more compassionate understanding of different life experiences.

Human Book Chennai highlights the power of listening, meaningful conversations and learning from lived experiences.

FROM AWARENESS TO ACTION

The World Mental Health Day programme emphasized that awareness becomes meaningful when it leads to understanding, inclusion and positive change.

THE NURSING PERSPECTIVE: COMPASSION BEGINS WITH LISTENING

For nursing students, the celebration offered an important reminder that mental healthcare extends beyond clinical knowledge and treatment procedures.

A compassionate nurse listens carefully, communicates without prejudice, respects individual differences and recognizes the importance of every person's story.

Understanding lived experiences can help future nursing professionals develop greater empathy and provide care that respects the dignity, rights and preferences of individuals.

The programme reinforced the value of combining professional knowledge with humanity, sensitivity and a non-judgmental approach.

Students and faculty participating in an initiative that promotes mental health awareness and compassionate care.

"DON'T DEFINE PEOPLE BY THEIR LABELS. DISCOVER THEM THROUGH THEIR STORIES."

❁ POOJA CELEBRATION 2026 ❁

A Day of Devotion, Gratitude & Togetherness

Date: 16 October 2026

Sree Balaji College of Nursing

Celebrating Tradition, Togetherness & Gratitude

Sree Balaji College of Nursing celebrated a special **Pooja Ceremony on 16 October 2026**, bringing together the college community in an atmosphere of **devotion, positivity and togetherness**.

The celebration commenced with the **traditional pooja performed by the college Patrons and administrators**, seeking divine blessings for the continued growth, prosperity and well-being of the institution, its faculty, staff and students. The serene ceremony created a positive and spiritual ambience across the campus.

✿ A Celebration of Our Dedicated Team

Adding warmth and joy to the occasion, **gifts were distributed to both teaching and non-teaching staff members** as a token of appreciation and gratitude for their valuable contributions to the institution.

The gesture recognized the commitment, dedication and teamwork of every staff member who contributes to the smooth functioning and continued development of the college. The celebration became a beautiful reminder that **every individual plays an important role in building a strong and successful institution**.

✨ Moments of Joy & Gratitude

The Pooja Celebration was more than a traditional ceremony—it was a moment for the college family to **pause, express gratitude and celebrate together**. The exchange of wishes, blessings and gifts created a sense of belonging and strengthened the spirit of unity among the staff.

The celebration concluded on a joyful note, leaving everyone with cherished memories and renewed positivity.

📸 PHOTO HIGHLIGHTS



Divine Beginnings

College administrators performing the traditional pooja and seeking blessings.



A Token of Appreciation

Gifts being distributed to the teaching and non-teaching staff.

☺

"Tradition brings us together, gratitude makes us stronger, and togetherness makes every celebration special."

✨ A DAY OF MAGIC, RECOGNITION & INSPIRATION

GRT Jewellers Brings Smiles and Appreciation to Sree Balaji College of Nursing

📅 Date: 24 October 2026

📍 Venue: Sree Balaji College of Nursing

🌟 CELEBRATING EDUCATION, EXCELLENCE AND APPRECIATION

In a heartwarming initiative that combined entertainment, encouragement and recognition, GRT Jewellers conducted a Corporate Social Responsibility (CSR) programme at Sree Balaji College of Nursing on 24 October 2026. The programme brought joy and excitement to the students while acknowledging the dedication and contributions of the institution's leadership and faculty members.

The initiative reflected the importance of community engagement, student enrichment and appreciation of those who contribute to the growth of education.

🎩 A TOUCH OF MAGIC, A WORLD OF WONDER!

The highlight of the programme was an entertaining magic show organized for the students. The captivating performance filled the atmosphere with excitement, curiosity and laughter, offering students a refreshing break from their academic routine.



The magical presentation created an atmosphere of wonder and enjoyment, making the event a delightful and memorable experience for the student community.

Students enjoying the fascinating magic show organized as part of the CSR initiative.

🏆 RECOGNIZING EXCELLENCE: A SHIELD FOR THE INSTITUTION

As a gesture of appreciation and goodwill, GRT Jewellers presented a shield to Sree Balaji College of Nursing, recognizing the institution and its commitment to education and student development.

The presentation served as a meaningful symbol of recognition and strengthened the spirit of collaboration between the institution and the corporate community.



Presentation of the shield to Sree Balaji College of Nursing.

🎗 HONOURING THE LEADERSHIP AND DEDICATION OF FACULTY The programme also featured the presentation of awards to the Principal and all staff members of the college. This gesture acknowledged the valuable role played by the leadership and faculty in nurturing students, maintaining academic standards and contributing to the institution's continued development.The recognition served as an encouraging reminder that



the dedication, commitment and efforts of educators and staff members are valued and appreciated.

CORPORATE SOCIAL RESPONSIBILITY WITH A MEANINGFUL IMPACT

The CSR programme by GRT Jewellers demonstrated how corporate initiatives can create positive experiences within educational institutions. By bringing entertainment to students and extending recognition to the college, its Principal and staff, the event highlighted the value of community partnership and mutual appreciation.

The initiative brought together moments of joy, recognition and encouragement, making it a special occasion for the entire college community.

🌥 A MEMORABLE DAY, A LASTING IMPRESSION

The CSR programme conducted by GRT Jewellers on 24 October 2026 was a celebration of happiness, appreciation and togetherness at Sree Balaji College of Nursing. From the excitement of the magic show to the honouring of the institution's leadership and staff, every segment added significance to the occasion.



Sree Balaji College of Nursing extends its sincere appreciation to GRT Jewellers for organizing this thoughtful initiative and creating a memorable experience for its students and staff.

A little magic creates a moment of joy; recognition creates memories that last.

A FLAME OF HOPE

A New Journey Begins with Knowledge, Compassion and Commitment

EVENT: Lamp Lighting Ceremony – 35th Batch

DATE: 28 October 2026

BATCH: B.Sc. Nursing I Year (2026–2027)



A SPARK THAT MARKS THE BEGINNING

Every great journey begins with a single step, and every noble profession begins with a promise to serve. At Sree Balaji College of Nursing, the Lamp Lighting Ceremony for the 35th Batch of B.Sc. Nursing students marked the beginning of an inspiring journey into the world of healthcare.

Held on 28 October 2026, the ceremony welcomed the new batch into the nursing profession, symbolizing the beginning of a path guided by knowledge, responsibility, compassion and service to humanity.

✨ LIGHTING THE WAY TO A NOBLE PROFESSION



The programme began with a prayer song, creating an atmosphere of devotion and reflection. The traditional lighting of the *kuthuvilakku* represented the triumph of knowledge over ignorance and hope over uncertainty.

The ceremonial lamp was lit by **Dr. V. Hemavathy, Dean-cum-Principal**, and the lamp-lighting tradition was shared with the students, symbolizing the transmission of knowledge and professional values to the next generation of nurses.

👩‍⚕️ MORE THAN A PROFESSION, A PROMISE

One of the most meaningful moments was the oath-taking ceremony, during which the first-year students pledged to uphold the values and responsibilities of nursing. The occasion emphasized the importance of integrity, dedication, discipline and compassionate patient care.





Dr. A. R. Vasantha Kokila, Head of the Community Department, addressed the gathering, offering encouragement to the students as they embarked on their academic and professional journey.





The first-year nursing students taking their oath and embracing the responsibilities of their chosen profession

Dr. V. Hemavathy, Dean-cum-Principal recited the oath to the first-year B.Sc. Nursing students during the Lamp Lighting Ceremony, which was repeated by the students with solemn dedication."

The vote of thanks was delivered by **Mrs. R. Ramani, Professor and Head of the Nursing Foundation Department**. The programme concluded with the National Anthem.

❤ CARRYING THE FLAME FORWARD

The Lamp Lighting Ceremony was not merely a formal celebration; it was a reminder of the values that give nursing its purpose. As the 35th Batch begins its journey, the ceremonial flame stands as a symbol of the knowledge they will gain, the challenges they will overcome and the lives they will touch in the years ahead.



"LET YOUR KNOWLEDGE BE YOUR LIGHT, YOUR COMPASSION YOUR STRENGTH, AND YOUR SERVICE YOUR LEGACY."

THE ART OF SAYING GOODBYE

A Farewell Filled with Gratitude, Laughter and Memories to Carry Forward

Date: 28 October 2026

Venue: Smart Room, Sree Balaji College of Nursing

Time: 11:30 AM – 12:00 PM

SOME GOODBYES ARE NOT ENDINGS; THEY ARE THANK-YOU NOTES TO THE MOMENTS THAT SHAPED US.

The Smart Room at Sree Balaji College of Nursing became a space for appreciation, music and shared memories on 28 October 2026, as students and faculty gathered to celebrate their seniors. Warm wishes, heartfelt words and cheerful activities turned the programme into a meaningful tribute to a journey nearing its next chapter.



A glimpse of the beautifully decorated venue and the gathering that made the occasion special.

A WARM WELCOME, A MEANINGFUL BEGINNING

Hosted by A. Christina Linsey of II Year M.Sc. Nursing, the programme welcomed the dignitaries, faculty members and students. It began with the Tamil Thai Vazhthu, followed by a welcome address delivered by R. Gayathri of II Year M.Sc. Nursing. Her words recognized the seniors' contributions, guidance and the memories they had created throughout their academic journey. The address also conveyed heartfelt appreciation and best wishes for their future endeavours.The programme commenced in a warm and welcoming atmosphere, bringing faculty members and students together to celebrate the outgoing batch.



💐 HONOURING GUIDANCE, CELEBRATING BONDS

A special moment of the celebration was the honouring of the Dean-cum-Principal, Dr. V. Hemavathy, whose leadership, guidance and continued encouragement were acknowledged with gratitude.

The ceremony reflected the respect and appreciation of the students and faculty for her valuable contributions to the institution.



A heartfelt tribute to the Dean-cum-Principal, Dr. V. Hemavathy

The II Year M.Sc. Nursing students then presented a melodious song for their seniors. The performance created a touching atmosphere, celebrating the friendship and connection shared between the outgoing students and their juniors.

“The best part of a journey is the people who become part of your story.”

🎶 MUSIC, MEMORIES AND MEANINGFUL MOMENTS



Music added a special charm to the farewell celebration. The song performance by the II Year M.Sc. Nursing students was a heartfelt expression of affection and appreciation for their seniors.

It was more than a musical performance; it was a reminder of the friendships, shared experiences and lasting connections built during their time at the college.

The II Year M.Sc. Nursing students expressing their affection through a special musical tribute.

🎉 LAUGHTER, GAMES AND HAPPY FLASHBACKS

The celebration became livelier with fun-filled games organized especially for the seniors. The activities encouraged participation, interaction and togetherness, filling the room with excitement and laughter.

The enthusiastic involvement of the seniors made the recreational segment one of the most enjoyable parts of the programme.

Another memorable highlight was the presentation of a special video clipping featuring photographs and cherished moments from the students' academic journey. The video brought back memories of their experiences, achievements and special occasions at the institution.



As familiar moments appeared on the screen, the gathering was reminded of the bonds formed and memories created along the way.

Seniors participating enthusiastically in the games.

A TOKEN OF LOVE, A LIFETIME OF MEMORIES



The gift distribution ceremony added a thoughtful touch to the celebration. The gifts symbolized affection, appreciation and the good wishes of the college community for the outgoing students.

Although a farewell marks the end of one chapter, the memories, friendships and lessons gained during the academic journey remain meaningful long after the day itself.

The ceremony served as a reminder that the seniors would always be remembered as part of the college community.

The gift distribution ceremony for the seniors by the Principal.

🙏 GRATITUDE THAT BRINGS US TOGETHER

The vote of thanks was delivered by D. Jefiya Arputham of II Year M.Sc. Nursing. She expressed sincere gratitude to the Dean-cum-Principal, Dr. V. Hemavathy, for her presence, leadership and continuous encouragement.

She also thanked the Vice Principal, Dr. Vasantha Kohila, for her guidance and support, along with all faculty members for their participation and encouragement.

The programme concluded with the National Anthem, in which faculty members and students participated respectfully, bringing the celebration to a meaningful close.



💖 THE NEXT CHAPTER BEGINS

The farewell celebration was more than a goodbye. It was an expression of gratitude for the journey shared, an appreciation of the bonds created and a heartfelt wish for the future that awaits them.

Every ending opens the door to a new beginning. May the road ahead bring our seniors success, happiness and countless opportunities to shine!

🌷 YOU MAY LEAVE THE CAMPUS, BUT YOU WILL ALWAYS BE PART OF OUR STORY.

ACADEMIC ENRICHMENT PROGRAMME

Webinar on Palliative Care in Advance Care Planning

Date: 29 October 2026

Time: 12.00 PM IST

Platform: Zoom Online Webinar

About the Programme

A webinar on “Palliative Care in Advance Care Planning” was organised as an academic enrichment opportunity for healthcare professionals and nursing educators.

Key Highlights

- Understanding the principles and importance of palliative care.

- Promoting dignity, comfort and quality of life among patients with life-limiting illnesses.

- Understanding advance care planning and patient preferences.

- Emphasising ethical decision-making and patient autonomy.

- Recognising the nurse's role in holistic care and family support.

Learning Outcomes

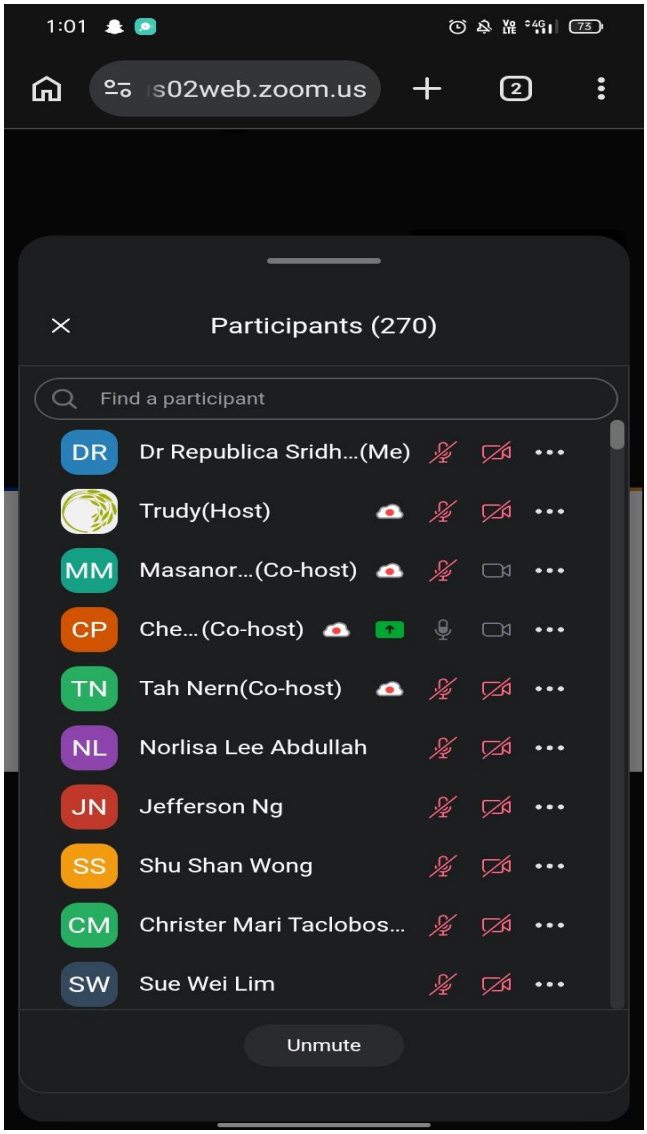
The webinar highlighted the importance of compassionate communication, ethical nursing practice and patient-centred care. It reinforced the role of nurses in supporting patients and families through informed healthcare decisions.

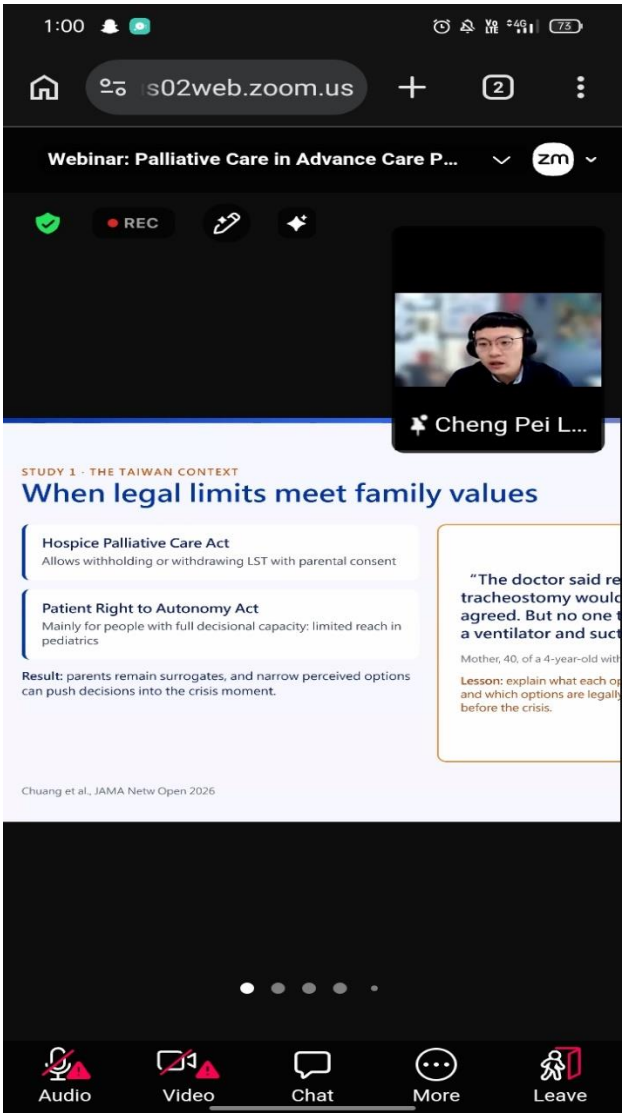
Academic Significance

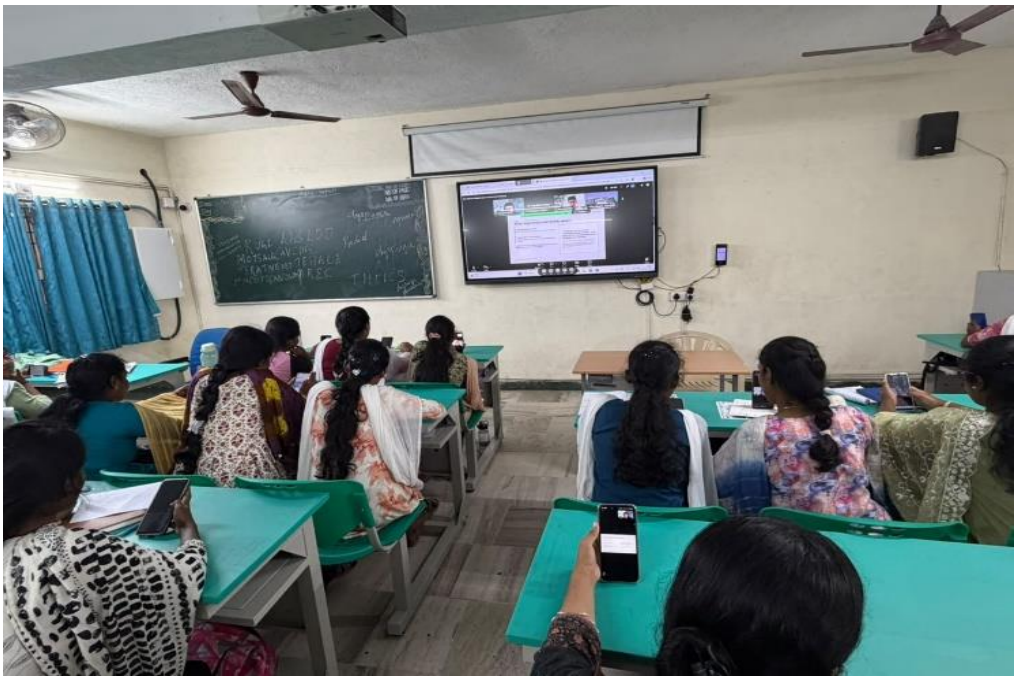
Participation in such professional learning opportunities contributes to the continuous development of nursing knowledge, professional competence and quality patient care.

The webinar provided an opportunity to enhance knowledge and understanding of ethical decision-making and the principles of palliative care, which are essential components of quality nursing practice.

Such academic initiatives help strengthen professional knowledge and encourage nursing professionals to deliver holistic, dignified, and compassionate patient care.









Academic Focus: Continuing Professional Development and Nursing Education