SBCN NEWS LETTER

A Newsletter of
Sree Balaji College of Nursing
Bharath Institute of Higher Education and Research
Chromepet, Chennai,TamilNadu, India

Vol-47 **SEPTEMBER-2026** **Issue no-56**

Chief patron
Dr.S.Jagathrakshagan
Chairman

Patrons
Dr. J.Srinisha
Manging Trustee
Er.N..Elamaran
Managing Director



Editor in chief
Dr.V.Hemavathy

Joint Editor
Dr.K.R.Vasantha Kohila

Members

Dr.Ajitha Nancy Rani
Prof.V.J.Binipaul
Prof.S.Uma Maheswari



CONTENT-International conference, National conferences, Workshops, CNE, Publications, Awards, Programs

HIGHLIGHTS

STUDENTS TRIUMPHS

- INDUCTION PROGRAMME FOR B.SC NURSING FIRST YEAR 35TH BATCH - (2026-2027)
- CREATING CAREER PATHWAYS FOR FUTURE NURSES ⛨ CAMPUS INTERVIEW – PORTEA MEDICAL
- FROM CLASSROOM TO CAREER- SARASWATHY MULTISPECIALITY HOSPITAL – CAMPUS RECRUITMENT DRIVE

FACULTIES ACADEMIC ACCOMPLISHMENT

- BOOK PUBLISHED

COLLEGE ACTIVITIES

- "WORLD SUICIDE PREVENTION DAY" CELEBRATION 2026.
- INTERNATIONAL SNAKE BITE PREVENTION DAY 2026
- WORLD ALZHEIMER'S DAY
- SOCIAL JUSTICE PLEDGE
- TEACHER'S DAY CELEBRATION – 2026

INDEX

S.NO	PROGRAMMES	PAGE NO
1.	INDUCTION PROGRAMME FOR B.SC NURSING FIRST YEAR 35TH BATCH - (2026-2027)	3
2.	CREATING CAREER PATHWAYS FOR FUTURE NURSES ⛨ CAMPUS INTERVIEW – PORTEA MEDICAL	5
3.	FROM CLASSROOM TO CAREER SARASWATHY MULTISPECIALITY HOSPITAL – CAMPUS RECRUITMENT DRIVE	7
4.	"WORLD SUICIDE PREVENTION DAY" CELEBRATION 2026	9
5.	INTERNATIONAL SNAKE BITE PREVENTION DAY 2026	12
6.	TEACHER'S DAY CELEBRATION – 2026	14
7.	WORLD ALZHEIMER'S DAY	17
8.	SOCIAL JUSTICE PLEDGE	19
9.	BOOK PUBLISHED	20

STUDENTS TRIUMPHS

INDUCTION PROGRAMME FOR B.SC NURSING FIRST YEAR 35TH BATCH - (2026-2027)

Induction programme for BSc nursing I year was held on ***7.9.2026***. This is 35st batch of B.Sc. nursing I year in our college. Dean cum Principal ***Dr. V.Hemavathy mam*** was leading this ceremony and introduced the noble profession of nursing to the newly joined students.

LIGHTING THE KUTHUVIZHAKU

In this programme 87students were attended along with our staffs. This programme was held at 9Am to 12.30pm.





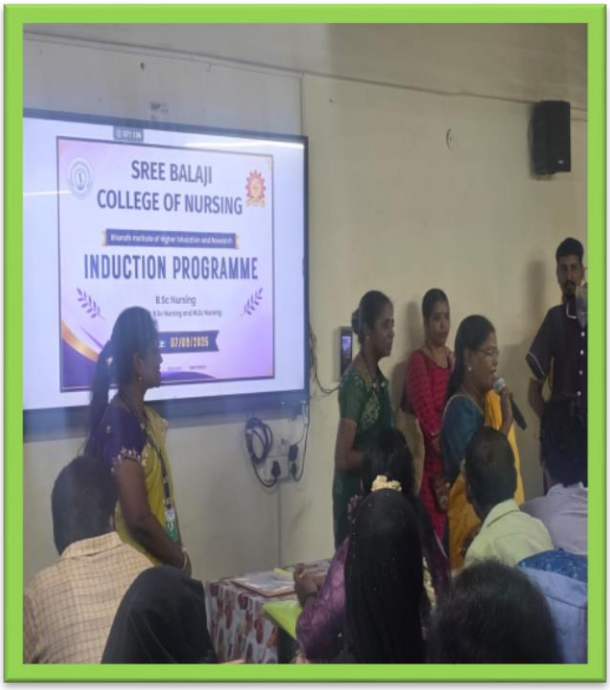
ORIENTATION ABOUT COLLEGE TO THE STUDENTS

Principal Mam introduced our staff members, explained about the college rules and regulation, college timing, curriculum activities, dressing code, books, hostel and their fees structure .



STUDENTS AND PARENTS INTERACTION WITH PRINCIPAL

Principal mam Introduced class coordinator and staffs to the parents. Discussed about curriculum, college rules and regulation. ,anti-ragging committee, mobile usage, dressing code, festival ,leave and vacation, hospital facilities available in campus, bank facilities, security facilities. And also about hostel rules and regulation for hosteller , visiting time, food, mess fees, outing timing.







CREATING CAREER PATHWAYS FOR FUTURE NURSES

⛑ CAMPUS INTERVIEW – PORTEA MEDICAL

A **Campus Interview** was organized for the **IV Year B.Sc. Nursing students of Sree Balaji College of Nursing** by **Portea Medical**, a leading home healthcare organization. The programme was conducted on **5 September 2026**, from **10:00 a.m. to 1:00 p.m.**, in the IV Year B.Sc. Nursing classroom, with **100 students** participating.

The programme was conducted under the guidance of **Dr. V. Hemavathy, Principal**, with **Mr. Manoj Kumar, Senior HR**, and **Mr. Prem Kumar, HR**, representing Portea Medical.

✨ Programme Highlights

Company: Portea Medical – Home Healthcare Services

Date: 05.09.2026

Participants: 100 IV Year B.Sc. Nursing students

Focus: Career opportunities in home healthcare

Key Areas: Recruitment process, job roles, professional expectations and career growth

Interview Activities: Organization briefing, screening and personal interview

Skills Emphasized: Communication, clinical competence, patient-centred care, teamwork and professionalism

The interaction gave students valuable exposure to the **professional recruitment process** and helped them understand the diverse career opportunities available beyond hospital-based nursing. Students also gained insights into the role of nurses in **home-based patient care**, including patient assessment, monitoring, documentation, health education and compassionate care.

🌟 A Step Towards Professional Excellence

The campus interview was an enriching experience that enhanced students' **confidence, career awareness and interview readiness**, while motivating them to develop the clinical and professional skills required for a successful nursing career.

Photo Highlights:



📸 *Students participating in the campus interview and interacting with the Portea Medical HR team.*



📸 *Portea Medical representatives addressing the B.Sc. Nursing students.*

FROM CLASSROOM TO CAREER

SARASWATHY MULTISPECIALITY HOSPITAL – CAMPUS RECRUITMENT DRIVE

22 August 2026 | IV Year B.Sc. Nursing | 100 Students

The journey from being a **student nurse to a confident healthcare professional** begins with opportunities to step beyond the classroom. Creating one such opportunity, **Saraswathy Multispeciality Hospital, Madipakkam, Chennai**, conducted a **Campus Recruitment Drive** for the IV Year B.Sc. Nursing students of **Sree Balaji College of Nursing**.

💼 Where Knowledge Met Opportunity

The recruitment drive gave students an opportunity to showcase their **clinical knowledge, communication skills and professional confidence**. The interview explored key areas of nursing practice, including **patient assessment, vital signs, medication administration, infection control, emergency care, patient safety and interpersonal skills**.

More than an interview, the programme served as a **real-world learning experience**, helping students understand what healthcare organizations expect from future nurses.

🎯 THE EXPERIENCE AT A GLANCE

100

Students participated

01

Career opportunity

∞

Possibilities ahead

1 Goal

To become confident, competent and compassionate nurses

🌟 BEYOND THE INTERVIEW

The campus recruitment experience encouraged students to reflect on their strengths, identify areas for improvement and prepare themselves for the transition from **student life to professional nursing practice**.

It was a valuable step towards building **confidence, competence and career readiness**—reminding every aspiring nurse that *the journey to a successful career begins with the courage to take the first step.*

📸 NEWSLETTER PHOTO HIGHLIGHTS

“Confidence in Every Answer”



Students engaging enthusiastically in the campus recruitment process.

“Meeting the World of Work”



An opportunity for aspiring nurses to experience the professional recruitment environment.

“From Nursing Students to Future Professionals”

The campus interview marked an important milestone in the students’ journey towards their nursing careers.

💙 OUR FUTURE NURSES. THEIR FUTURE BEGINS NOW.



🌿 WORLD SUICIDE PREVENTION DAY 2026

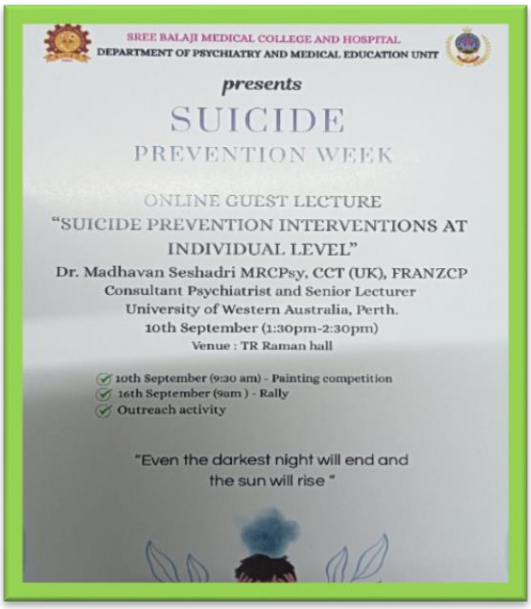
"Changing the Narrative on Suicide – Start the Conversation"

10 September 2026 | T. R. Raman Hall

Department of Psychiatric Nursing | III Year B.Sc. Nursing



The **Department of Psychiatric Nursing**, in association with the **III Year B.Sc. Nursing students of Sree Balaji College of Nursing**, observed **World Suicide Prevention Day 2026** with a meaningful blend of learning, awareness and student participation.



🎓 ONLINE GUEST LECTURE

As part of the observance, students attended an online guest lecture on:

"Suicide Prevention Interventions at Individual Level"

The session was delivered by **Dr. Madhavan Seshadri, MRCPsych, CCT (U.K.), FRANZCP**, Consultant Psychiatrist and Senior Lecturer, **University of Western Australia, Perth**.

The session provided students with valuable insights into the importance of **individual-level suicide prevention interventions**, awareness and supportive approaches.

🎨 STUDENTS TURNED AWARENESS INTO ACTION

The celebration extended beyond the lecture, with students actively participating in a range of creative and educational competitions:

🗣️ **Speech Competition**

🎨 **Poster Presentation**

🖌️ **Painting Competition**

🎭 **Psychodrama**

✍ **Essay Writing**

Through these activities, students used their **voices, creativity and professional knowledge** to communicate messages of awareness, empathy and prevention

---

💙 CHANGING THE NARRATIVE. START THE CONVERSATION.

The 2024–2026 World Suicide Prevention Day theme, **"Changing the Narrative on Suicide,"** with the call to action **"Start the Conversation,"** encourages communities to move from silence and stigma towards **openness, empathy and support**.

The 2026 observance marked the **third and final year of this triennial theme**, emphasizing the importance of challenging harmful myths, reducing stigma and creating supportive environments where individuals feel comfortable speaking up and seeking help.

For future healthcare professionals, the message carries special significance: **listening without judgement, recognizing distress and connecting people with appropriate support can make a meaningful difference.**

🌟 AWARENESS • EMPATHY • CONVERSATION • PREVENTION

The programme empowered our student nurses to become **compassionate mental-health advocates** and encouraged them to contribute towards a culture where seeking help is met with understanding rather than stigma.

📸 PHOTO HIGHLIGHTS

"Learning to Prevent, Learning to Support"

III Year B.Sc. Nursing students attending the online guest lecture.



"Creativity with a Purpose"

Students presenting their posters and paintings conveying messages of suicide prevention.





"Start the Conversation"



Psychodrama and student activities bringing awareness to mental health and suicide prevention.

❤ LET'S CHANGE THE NARRATIVE. LET'S START THE CONVERSATION.

🐍 INTERNATIONAL SNAKEBITE PREVENTION DAY 2026

Awareness Today • Prevention Always • Lives Saved

19 September 2026 | 10:00 a.m. – 12:00 p.m.

Venue: Government Headquarters Hospital, Tambaram

Participants: VIII Semester B.Sc. Nursing Students & Faculty

Sree Balaji College of Nursing, Chromepet

🌿 CREATING AWARENESS, ONE MESSAGE AT A TIME

The **VIII Semester B.Sc. Nursing students and faculty of Sree Balaji College of Nursing, Chromepet**, actively participated in the **International Snakebite Prevention Day 2026** programme held at **Government Headquarters Hospital, Tambaram**.

The programme focused on creating public awareness about the dangers associated with snakebites and the importance of **prevention, timely first aid and immediate medical attention**.

🎭 LEARNING THROUGH COMMUNITY ENGAGEMENT

As part of the awareness campaign, the students participated enthusiastically in an **awareness rally** and presented an **informative skit on snakebite prevention and first aid**. Through these activities, they communicated important messages to the public in an engaging and easily understandable manner.

The students highlighted the need for **prompt medical care following a snakebite** and helped the community understand the importance of seeking appropriate treatment without delay.

🎖 STUDENTS AS HEALTH AMBASSADORS

The programme provided the nursing students with a valuable opportunity to apply their knowledge beyond the classroom and actively contribute to **community health education**. Their participation also helped strengthen their **communication, teamwork, confidence and public-health awareness skills**.

In recognition of their active involvement and contribution to the awareness campaign, the participating students were **honoured with certificates**.

📸 PHOTO HIGHLIGHTS

🎗️ Awareness Rally



B.Sc. Nursing students spreading vital messages on snakebite prevention among the public.

🎭 Awareness Through Skit

Students presenting an informative skit highlighting snakebite prevention and the importance of timely medical care.



Learning Beyond the Classroom

Students engaging with the community as health educators and awareness ambassadors.



🎖️ Recognition of Participation

Students receiving certificates for their active contribution to the awareness programme.

❤️‍🩹

"PREVENTION, PROMPT ACTION AND PROPER MEDICAL CARE CAN SAVE LIVES."

TEACHER'S DAY CELEBRATION – 2026

Date: 5 September 2026

Time: 11:00 AM – 12:30 PM

Venue: Smart Room, Sree Balaji College of Nursing, Chromepet, Chennai



Sree Balaji College of Nursing celebrated **Teacher's Day on 5 September 2026** with great enthusiasm and respect to honour the dedication, commitment and invaluable contributions of teachers. The celebration was organized in the Smart Room from 11:00 AM to 12:30 PM.

The programme was graced by **Dr. V. Hemavathy, Dean-cum-Principal**, and **Dr. Vasantha Kohila, Vice Principal**, along with faculty members and M.Sc. Nursing students.

The celebration commenced with *Tamil Thai Vazhthu*, followed by a welcome address highlighting the significant role of teachers in shaping students' academic, professional and personal development. Dr. V. Hemavathy was honoured in recognition of her leadership, guidance and continuous support to the institution.

The programme featured a cake-cutting ceremony, gift distribution and a variety of fun-filled games organized especially for the teachers. A melodious song performance and an energetic group dance by I Year M.Sc. Nursing students added colour and vibrancy to the celebration. A special video presentation showcasing memorable moments and the bond shared between teachers and students served as a heartfelt tribute to the teaching faculty.

The celebration provided an opportunity for students to express their gratitude and appreciation for their teachers' dedication and encouragement. The enthusiastic participation of faculty members and students created a joyful and memorable atmosphere.

The programme concluded with a vote of thanks, acknowledging the support and participation of the dignitaries, faculty members and students, followed by the National Anthem.

The celebration was a meaningful expression of **gratitude, respect and appreciation for the teachers who inspire, guide and empower future nursing professionals.**

Welcome Address: Welcoming the dignitaries, faculty members and students.





Cake-Cutting Ceremony: A joyful moment shared by the Principal, Vice Principal, faculty members and students.



Honouring the Principal: Felicitating Dr. V. Hemavathy, Dean-cum-Principal, as a mark of respect and appreciation.



Fun Games for Teachers: Recreational activities fostering team spirit, interaction and enjoyment.





Cultural Performance: An energetic group dance presented by I Year M.Sc. Nursing students.



Vote of Thanks: Expressing sincere gratitude to everyone who contributed to the successful celebration.



WORLD ALZHEIMER'S DAY 2026

"The Earlier You Know, The More You Can Do: A Dementia Diagnosis Matters."

21 September 2026 | Department of Psychiatric Nursing

Sree Balaji College of Nursing



💜 Raising Awareness. Building Understanding. Spreading Compassion.

The **Department of Psychiatric Nursing, Sree Balaji College of Nursing**, observed **World Alzheimer's Day 2026** on **21 September 2026** through an engaging **awareness programme, health talk, rally and interactive activities**.

The programme focused on the theme **"The Earlier You Know, The More You Can Do: A Dementia Diagnosis Matters,"** highlighting the importance of early awareness and timely diagnosis of dementia.

🎓 STUDENTS AS HEALTH EDUCATORS

The programme commenced at **10:30 a.m.** with a special address on the significance of World Alzheimer's Day and its theme. **III Year B.Sc. Nursing students** delivered an informative health talk covering the **definition, causes, signs and symptoms, diagnostic evaluation, management and prevention of Alzheimer's disease**, supported by informative pictorial charts.

Dr. Ajitha Nancy Rani R., Professor, summarized the key points and emphasized the importance of recognizing dementia early and seeking appropriate professional support.

🎶 MUSIC, MEMORIES & MEANINGFUL CONNECTIONS

A special interactive session with elderly participants added warmth and joy to the celebration. Students performed **familiar old Tamil songs**, which encouraged the elderly participants to sing along, clap and share memories associated with the songs.

The lively interaction created a **cheerful and relaxing atmosphere**, while the shared musical experience helped strengthen the bond between the students and elderly participants and contributed to their **emotional well-being**.

AWARENESS WITH HEART

The programme served as a meaningful reminder that **early awareness, understanding and compassionate support** can make a positive difference in the lives of individuals living with dementia and their families.

PHOTO HIGHLIGHTS

Awareness in Action

III Year B.Sc. Nursing students creating awareness about Alzheimer's disease through health education.



Music that Brings Back Memories

Students and elderly participants enjoying familiar Tamil songs together.





Connecting Generations

Meaningful interaction between nursing students and elderly participants during the celebration.

✊ SOCIAL JUSTICE PLEDGE

Remembering Thanthai Periyar – A Commitment to Equality and Social Justice

17 August 2026 | Sree Balaji College of Nursing

As part of the observance of the **birth anniversary of Thanthai Periyar E. V. Ramasamy**, the students of **Sree Balaji College of Nursing** participated in a **Social Justice Pledge** on **17 August 2026**.

The pledge provided an opportunity for students to reaffirm their commitment to the values of **social justice, equality, dignity, rational thinking and a society free from discrimination**. Through their participation, the students expressed their responsibility towards building a more **inclusive, equitable and compassionate society**.

The programme served as a meaningful reminder to young minds that education carries not only academic responsibilities but also a commitment to **human dignity, equality and social responsibility**.

✸ STUDENTS' COMMITMENT**: Equality • Social Justice • Dignity • Responsibility • Inclusive Society**

Students of Sree Balaji College of Nursing participating enthusiastically in the Social Justice Pledge commemorating the birth anniversary of Thanthai Periyar.





தந்தை பெரியார் பிறந்த நாள்:

"சமூக நீதி நாள் உறுதிமொழி!"

பகுத்தறிவுப் பகலவன் தந்தை பெரியார் பிறந்த நாளான செப்.17 இல் ஒவ்வொருவரும் ஏற்கவேண்டிய உறுதிமொழி வருமாறு:

'பிறப்பொக்கும் எல்லா உயிர்க்கும்' என்ற அன்பு நெறியும் - 'யாதும் ஊரே யாவரும் கேளிர்' என்ற பண்பு நெறியும் எனது வாழ்வியல் வழிமுறையாகக் கடைபிடிப்பேன்!

சுயமரியாதை ஆளுமைத்திறனும் - பகுத்தறிவுக் கூர்மைப் பார்வையும் கொண்டதாக என்னுடைய செயல்பாடுகள் அமையும்!

சமத்துவம், சகோதரத்துவம், சமதர்மம் ஆகிய கொள்கைகளுக்காக என்னை நான் ஒப்படைத்துக் கொள்வேன்!

மானுடப் பற்றும், மனிதாபிமானமும் ஒன்றே எனது இரத்த ஓட்டமாக அமையும்!

சமூகநீதியையே அடித்தளமாகக் கொண்ட சமுதாயம் அமைக்கும் எனது பயணம் தொடர இந்த நாளில் உறுதியேற்கிறேன்!

BOOK PUBLICATION

Sl. no	Name of the Staff	Name of the Book	ISBN Number	Year	Publisher
1.	BENCY ABRAHAM	A TEXT BOOK ON THEORIES OF PERSONALITY DEVELOPMENT AND PERSONALITY DISORDERS.	978-8168-8833-69	Sept 2026	R.K PUBLISHERS
2.	GAYATHRI.M	TEXTBOOK OF OBSTETRICAL EMERGENCIES	978-8118-0961-15	Sept .2026	R.K PUBLISHERS
3..	Mrs.Asha Christina A	POSTPARTUM PERIOD AND ITS MANAGEMENT FOR NURSES	ISBN-13: 978-8169761246	Sept .2026	Blue Rose Publisher